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Member of Parliament: Ranil Jayawardena (Phone for your MP Surgery Appointments)

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Letter from the Benefice Ministry Team

As the skies clear this summer, I'm reminded of a vivid childhood memory. As a family we spent many holidays in the Scottish Highlands and I can remember very late one night rowing back across a loch after visiting friends, and in the pitch dark we all sat back in the boat and looked up.

The night sky was completely clear, full of dazzling stars and the milky way, and it felt like we were looking up at one of the most beautiful parts of God's creation, almost looking into heaven and seeing God's



majesty, creativity, and fatherly love for us in making something so amazing for us to enjoy.

I'm often reminded of this memory as I start to say the Lord's Prayer. Jesus had been praying with his disciples (see Luke's gospel, chapter 11 for the full story), and they asked him how to pray. Jesus said "When you pray, say 'Our Father in heaven, hallowed be your name..." (see the picture below for the rest of the prayer).

I find Jesus' words so encouraging for two reasons. Firstly, he says 'when you pray'. It's not an 'in case you feel like praying' but more of an assumption that we will be praying due to it being such a natural thing to do - to talk with God, our heavenly Father - in fact, it could be construed even as a command to pray. And secondly, Jesus tells us to start by saying "Our Father in heaven", so that when we pray we take a moment to <u>rejoice</u> in who God is, and what he's done for us - creating such a beautiful world for us to enjoy, dying for us on the cross that we might be forgiven and restored from everything we've ever done wrong, and sustaining us and providing for our needs each and every day. As we fix our eyes on God and become more 'God-centred', so we become less self-centred, less anxious and fearful, and we discover a new and lasting peace in our lives.

We had an exciting moment in Odiham in June, when we launched a new weekly prayer meeting, to pray for the whole community of Odiham and North Warnborough, and also to pray for All Saints Church and its role within the community. We've started to do this inside church every Monday morning at 9.00am, for just 45 minutes, as this makes it our first priority for the week. It provides an opportunity for quiet and worship to start the week focused on God, as well as to ask God for his blessing and provision for our church and community, and to listen to Him for his guidance.

All are welcome to join us at this meeting, and you're welcome to come for a cup of coffee (and slice of toast and jam...) from 8.45am. If you can only come for a part of the time, that's fine! The format is peaceful, worshipful and interactive, but there's no requirement for anyone to pray aloud if they'd prefer not to.

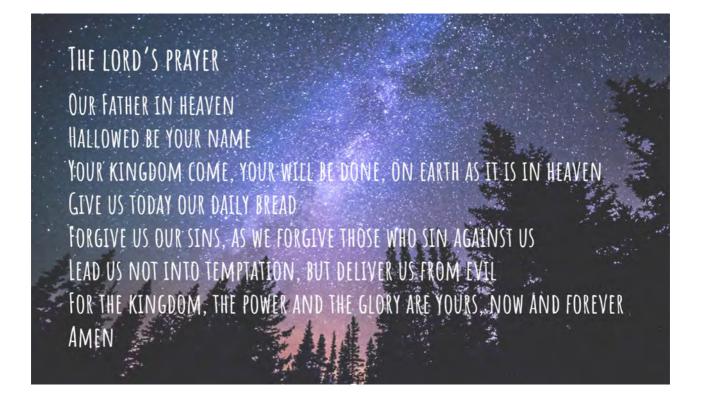
Our vision for this prayer meeting is that within 10 years we'll see more than 200 people meeting together to pray regularly, and that this will become the very beating heart of our community.

Of course, prayer is taking place in numerous ways and places across our benefice of 12 local churches, but we hope what we're doing in Odiham will be a good addition.

Prayer is so important for each of our lives, and so exciting as we get to talk with God personally as our loving father. Please do join us on Monday mornings – you'll be really welcome.

With every blessing

Rev'd Chris Dudgeon Vicar, All Saints Church, Odiham chris@moretolife.church



FROM THE REGISTERS

Interment of Ashes: Nigel McNair Scott at All Saints Tunworth on 27th May
Baptism: Todd Gallop at All Saints Tunworth on 28th May
Funeral: John Wauchope at St Mary's Herriard on 2nd June, followed by Burial at St Stephen's Up Nately
Interment of Ashes: Ann Dailley and Norah Meikle (née Dailley) at St Lawrence Weston Patrick on 5th June
Wedding: Natasha Carfrae and Vadir Baktash at St Mary's Herriard on 10th June
Baptism: Iris Divito at St Mary's Herriard on 18th June

CHURCH SERVICES

Sunday 2nd July

9.00am Tunworth – BCP Holy Communion 10.00am Upton Grey - Morning Worship with Baptism 6.00pm Herriard – Evensong Sunday 9th July 9.00am Herriard – BCP Holy Communion (said) 10.00am Upton Grey – CW Holy Communion 10.00am Weston Patrick – Morning Worship 6.00pm Tunworth – Evensong **Thursday 13th July** 9.00am Upton Grey – BCP Holy Communion (said) **Sunday 16th July** 9.00am Herriard – Pet Service at Herriard Green Pavilion 9.00am Tunworth – 1662 Morning Prayer 10.00am Upton Grey – Rose Service at the Cemetery **Thursday 20th July** 10.00am Herriard – BCP Holy Communion (said) Sunday 23rd July 9.00am Tunworth - Family Service 10.00am Upton Grey – Morning Worship 11.00am Herriard – Family Service 5.00pm Weston Patrick – Evensong Sunday 30th July 9.30am Odiham – Benefice CW Holy Communion 11.00am Odiham – Benefice Informal Service

CHURCH NEWS

Coffee & Cake

All Saints Tunworth, St Mary's Upton Grey and St Lawrence Weston Patrick are continuing with their regular coffee/cake sessions. The July events are:

- On **Thursday 6th July at 10.30am, All Saints Tunworth** have Coffee and Cake in the church porch.
- Coffee & Cake Drop-in at Upton Grey Village Hall, 11.00am– 1.00pm on Monday 10th and 24th July.
- Coffee morning at Weston Patrick Village Hall, 11.00am–12.30pm on Wednesday 12th July.

Tea or coffee, slice of cake, chat. Open to all, very informal, no need to book, just turn up. All ages welcome!

Special Services in July

There are several special services in July:

- On **Sunday 2nd July** at 10.00am, Mark Ruffell is being ordained in **Winchester Cathedral** and will be licensed as an Assistant Curate to the Benefice.
- On **Sunday 2nd July**, and then monthly on the first Sunday, **Herriard** will hold **Evensong** at 6.00pm (5.00pm in the winter months), with refreshments after the service.
- On **Sunday 16th July, Herriard** will hold its **Pet Service** at 9.00am at The Pavilion on the **Village Green**.
- Also on **16th July**, **Upton Grey** will hold its annual **Rose Service** at 10.00am in the **Cemetery**, to remember those who are buried there and to thank God for their lives.

For more information please see the individual village sections of this magazine.

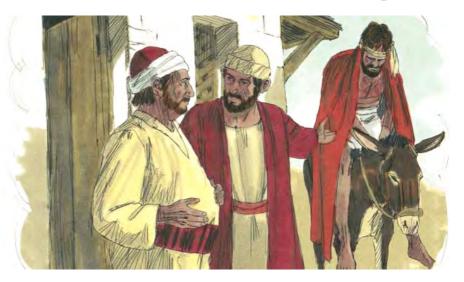
KidsZone

Hi everyone!

I'm sure that each one of us has been in a situation where we have seen something which we know is wrong. Perhaps we have watched someone deliberately drop litter, or the person at the next table in a café has been using language which we have found offensive. Perhaps you had enough courage to tell them what you thought, but sadly, most of us just get angry on the inside and do nothing about it. We are proud of people who have enough courage to stand up for someone who is being hurt or bullied, or stand up to someone who is doing the wrong thing, but most of us wouldn't be brave enough to get involved ourselves.

There is a story in the Bible about exactly this. A man had been beaten up and left for dead. Two different people decided to walk on by and not get involved, but finally the man's enemy walked past and decided he had to do the right thing, despite the fact people might not like it. He got off his donkey, bandaged the man's wounds, took him to the local hotel and looked after him. When he had to leave, he paid for

him to stay as long as he needed. He used his time. energy and even money to look after him, to stand up for what he knew was right. I wonder if you recognise the story - it's called 'The Good Samaritan'.



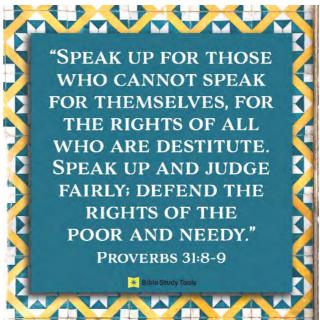
A man called Thomas Jefferson, an American president in the 19th century, said:

'In matters of style, swim with the current; in matters of principle, stand like a rock.'

What do you think he meant? He's saying that there are times when it is OK to go with the flow; maybe there is a song everyone else likes, so we like it, or some clothes that everyone else is wearing, so we want one too... however there will be times when we need to stand firm to what we know is true and right. Can you think of any examples, when you've had to be really brave and stand up for the right thing? It can be hard and a challenging thing to do. It can make us stand out like a sore thumb and open us up to unkind words. But sometimes it's just the right thing to do.

The Bible has a special book called Proverbs – it's about in the middle – and in it God gives us lots of advice. This is one of my favourite verses in this book

We are given the special job to look after the people who cannot look after themselves. Sometimes that means we have to be brave. Sometimes it's not an easy job. Sometimes it would be a lot easier just to walk on the other side.





But just imagine what a difference it would make in the world if everyone followed this advice! If you fancy thinking a little bit more about how you can be a good Samaritan, why don't you scan this QR code or follow this link:

https://forefront.org.uk/wp-content/uploads/2020/03/Good-Samaritan-Board-Game-1.pdf and print off a game to play with your family?

God Bless and see you next time!



Helen Chatfield Youth Pastor youth@moretolife.church 07540 140228

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HOLIDAY CLUB

To sign up for this year's holiday club **Calamity Creek** go to: https://allsaintsodiham.churchsuite.com/events/mlwouzdy but please note that places are filling up fast!



Expect songs... Expect games... Expect crafts... Expect silly costumes...

But most of all, expect bucket loads of rootin' tootin' laughter! All of this, to teach us about the wonders of God, and how we can learn from him each and every day.

Years R - 6 (limited creche places available for younger siblings)

Monday 7th - Thursday 10th August 1pm - 4pm Church Meadow, Upton Grey (£20 for 4 days)

NEWS FROM THE VILLAGES

July Farming News

It's been all go here at the dairy since the rain finally ceased in the middle of April. We then experienced something of a drought when we hadn't had a drop for four weeks then suddenly a thunderstorm produced a months' worth of rain in two hours! I must be careful what I wish for, we wanted the ground to dry up but not completely bake then wanted steady rain and got a torrential downpour. A typical English summer.

We have finally put all the heifers and dry cows out to pasture from the barns now it is dry enough. The dry cows are the cows around two months from having a calf and as a result their milk yield has decreased to nothing so we put them out to grass and don't milk them. They can then have a bit of rest and relaxation until their calf is born. We used to use antibiotics on every cow at drying off to reduce the risk of them catching mastitis during the dry period but with the advances in the data we glean from our robot milking machines we now use very little. Only those cows who have been susceptible to mastitis will get antibiotics, which is very few. All the others that have proved to be low risk get an organic teat sealant that will seal the teat during the dry period and stop infection entering the teat canal. The cows have worked hard over their last lactation so deserve a well earned break.

Our reduction in antibiotic use has been one of the great bonuses of robotic milking and sand beds, resulting in healthier, more profitable cows. It's been one of my targets to drastically reduce antibiotic use. To put it into context; before we installed the robot milkers four years ago our antibiotic use was 17 mg/livestock unit (This is a livestock industry wide metric) which was well below the national average even then. We are now just below 6 mg/livestock unit which is below the levels of some organic dairies. We are very proud of this as one of the highest yielding herds in the country but using less antibiotics than many organic dairy farms. We will aim to drop this figure even further.

Talking of well earned breaks (not sure it was well earned!), the veterinary practice we use on the farm organised a three day trip to see dairies in northern Spain at the beginning of June. As one wag pointed out "three days and one cow?". We saw a lot more cows than that so it was work.....sort of! Our vet Maarten and 15 fellow dairy farmers landed in Bilbao, travelled through the verdant green hills of the Basque Country (which reminded me of Wales) to the arid land south of Pamplona (we did not get chased through the streets by any bulls!) in the Navarra region. Within a distance of about 100 miles there was a

complete change of landscape and agricultural conditions. We were shown around two family dairy farms and two cooperative farms. Three of the farms were milking over 500 cows and all were barn housed all year round. One of the cooperative farms in the Basque region was owned by the village where 26 families financed, staffed and ran the herd of 600 cows milked, like us, on robots. This was seen as a way of generating income and providing employment for the village. We couldn't figure out how the management structure worked as there didn't seem to be anyone in charge and we all agreed it wouldn't work in our own villages. Organising the village fete is one thing but running a 600 cow dairy quite another!

All the four dairy farms faced similar challenges to us here; labour shortages, wage inflation, high input costs for cattle feed, energy, building supplies etc..... It's good to see what's happening in other countries as we can get very insular and blame everything on Brexit of course but our problems here are pretty universal throughout agriculture and wider industry. What we all agreed on, despite my moans about the weather, is that Britain is a pretty good place to produce food environmentally consciously due to our climate. If we reduce food production here we are going to increase the problem of environmental damage elsewhere.

Another thing I picked up on was the afternoon siesta....I'll definitely push for that one but fear it will be as equally unworkable here as the village cooperative. Joe Ives

Long Sutton C of E Primary School Community Open Day Thursday 6th July 1.15–2.45pm

We invite members of our local and wider community to visit our school to find out more about us, enjoy a tour to see our school in action and join us for refreshments and entertainment in our 'Fair Trade café'. The event will be hosted by our Year 6 children.

Please email <u>adminoffice@longsutton.hants.sch.uk</u> or telephone 01256 862238 to book your place. Parking is available along Hyde Road but please consider car sharing, or 'park and walk' a little further away if possible. Our Fair Trade café will be for cash donations (no card payment facility).

This event is part of our commitment to reconnecting with our three catchment villages (and beyond!) following the Covid-19 pandemic, so we would really love to meet local residents who do not currently have a direct connection with our school.

We hope to see you there! Hannah Inglis, Headteacher

UPTON GREY NEWS www.uptongreychurch.co.uk www.uptongreyparishcouncil.co.uk facebook.com/uptongreyvillagecommunity

Upton Grey Village Hall 100 Club – June Draw

The 100 club winners for the UGVH June draw are 1st Haynes (£100) and 2nd MacPherson If you would like to join up to the 100 Club for a chance to win the monthly draw then please contact sam_a_clough@hotmail.co.uk.

Rose Sunday – 16th July 10.00am, Upton Grey Cemetery

The Rose Sunday service will be held on 16th July in the Cemetery in Upton Grey starting at 10.00am. This service is held to remember those who are buried here and to thank God for their lives. A rose will be laid on every grave as a symbol of loving remembrance even though not all the graves are marked with a name. These are the people who in times past lived and worked in our village and who loved its beauty as we do. All are welcome to this service which is short. Please feel free to bring roses from your garden if you wish but there will be plenty of roses provided.

Any queries please ring me on **862131 Jill Lestrille.**

PS. Please note that there are many rabbit holes in the cemetery and care is needed when walking around.



Summer Junior tennis coaching week: Mon 7th – Fri 11th August

Sessions start from 9.00am and are 45 minutes long. The coach will be Andrew Ridgers, who has been leading the tennis coaching for many years. He is very experienced and highly-regarded, and makes the sessions fun for all. He also coaches at the Odiham Tennis Club. The youngest children have the first session, which is 45 minutes, and then there are usually four more groups, largely grouped together by age. The age range is roughly 3.5 up to 16/17 year olds.

The cost is $\pounds 16.00$ per child, whether your child is able to attend all the days or not. We are able to keep this low due to the continued and much appreciated support from the Upton Grey Educational Trust.

In the event of bad weather the sessions will be cancelled. Please email Susannah Livingston Booth on: slivingstonbooth@gmail.com with your child/children's name(s), age(s), and your contact details.

Payment should be made by 1st August 2023 by Bank Transfer to Upton Grey Village Tennis Court. Bank Details are: Sort Code 30-93-32, Account No: 02410908 or alternatively you can pay by cash to Susannah Livingston Booth at Redwing House, Cemetery Lane, Upton Grey, RG25 2RD.

Upton Grey Horticultural Society - Summer Show - Saturday 12th August

Just to remind you of this lovely summer community event taking place in the Marquee in Church Meadow, (opposite St Mary's Church), Upton Grey.

We would love some help on the Friday to set the show up in the marquee. Saturday also - particularly in the morning and at the end of the afternoon. If you can help, please let me know soon, as currently being such a small group of volunteers, we will be struggling to do this.

Brochures listing all the classes available for adults and children to enter will be coming soon to your mail box. They will also be available in Upton Grey and South Warnborough shops. Adults classes cover anything from flowers, plants, preserves, baking, handicraft, art, photographic, to fruit and veg. Children from Lego, photographic, painting/drawing, collage, craft, to baking. There will be a closing date for you to tell us what you are going to enter to make sure we have plenty of room to display your exhibits. All exhibits will be judged for what they are as this is not a professional exhibitors' show.

You'll need to be a resident of Upton Grey, Greywell, Herriard, Long Sutton, Nately Scures, North Warnborough, South Warnborough, Tunworth, Up Nately, Weston Corbett, Weston Patrick, or Winslade, to enter. If you've grandchildren living outside your village, then they can enter too.

In the afternoon we've various things going on in the field including a raffle (fabulous prizes), artisan stalls, a dog show, classic cars, and an ice cream van. And of course you can see the exhibits in the Marquee. Even if you're not exhibiting we'd love to welcome you and your family and friends. No entry fee!

If you have any questions, or perhaps you're able to help on either day, then please contact me on 01256 862719. Any help would be very much appreciated.

June Hunt, for Upton Grey Horticultural Society

Rain or Shine Theatre Company *Comedy of Errors* Sunday 13th August at 4.00pm in Church Meadow Upton Grey

Rain or Shine Theatre Company in association with Upton Grey Drama Group return again this time with their new production *Comedy of Errors* on Sunday August 13th - gates open for picnics at 3.00pm, the performance starts at 4.00pm.

Tickets can be bought via this Ticketsource link: www.ticketsource.co.uk/whats-on/hampshire/church-meadow/thecomedy-of-errors-at-church-meadow-upton-grey-hampshire/e-ebopye

Save the Date: Upton Grey Harvest Supper, Saturday 7th October

Upton Grey Harvest Supper – Saturday 7th October. Please make a note in your diary. Further info to follow!

St Mary's Church Fete (Saturday 10th June)

A huge thank you to everyone who either helped at, attended or contributed to our fete on June 10th – and special thanks to Nick and Rosie Ralls for the use of their beautiful garden. It was a wonderful afternoon and great community event which entailed a huge effort by many in the intense heat. We raised about £6.5k for Church funds, which is a really worthwhile amount and gratefully received. THANK YOU!

Frances (on behalf of the St Mary's PCC) And many congratulations and thanks to Frances herself and to her committee – a great day was had by all!

[PLEASE SEE PHOTOS LATER IN THIS MAGAZINE]

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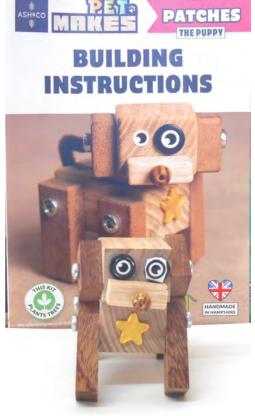
The Southern Fellowship of Woodworkers

Thanks must go to the hosts and organisers of the Upton Grey fete. The SFWW, as one of the participating stallholders, thoroughly enjoyed what was a friendly, co-operative atmosphere in their attempt to encourage young people to become involved in woodcraft! The Church Organ heritage bird and bee nesting boxes made from recycled organ pipes attracted some discussion and sales. With the handing out of our advice notes on siting and species information.



Construction of bird nesting boxes and a kit (Patches the dog) from Ash & Co. took place with assistance given by Delphine, Annabelle and an anonymous father and son! What was particularly gratifying was that some people, who bought nest boxes at last year's fete, brought tales of birds nesting in the boxes this Spring!

Attracting much attention was our hosting of a small company Ash & Co, who run woodworking courses near Crondall and supply prepared kits, handmade in Hampshire, that can be constructed at home by kids 6+ to 60! Ash & Co. are sensitive to the environment and have an arrangement to plant a tree for every two of the kits sold, see <u>www.ashandcompany.co.uk/trees</u> for information.



Two laser crafted plaques of St Mary's Church by the CCFMS were donated, one to the fete convener and one to the vicar Simon; $\pounds 200.00$ will be handed over to the committee as the contribution from sales by the SFWW and Ash & Co. at the fete. There will be a further opportunity to purchase the remaining Church Organ heritage bird and bee boxes at the Upton Grey Horticultural Show on the 12th August. When they have gone, they are gone!

Information is available from the SFWW secretary Tim McGinn at secretary@sfww.org.uk. Arn Huddy

HERRIARD AND WINSLADE NEWS www.herriard-pc.gov.uk www.herriardvillagehub.co.uk Herriard Village Group on http://www.Facebook.com

Summer Fete & Dog Show - Sunday 4th June

We were so lucky to have had such a beautiful day! With even more stalls than ever, Paul's Ice Cream Van, more games and entertainment for all the family, Georgie's hand-reared lambs for the children (and adults!) to enjoy, the vintage tractors and the thoroughly entertaining dog show (no photos yet of the Fancy Dress – Dog and Handler class) it was brilliant to see so many people having such fun!

This was the first year of combining the Fete with the Herriard Eco Fair and we will build on that in future years.





We are so grateful to the Fete Committee for all their hard work and enthusiasm in the months running up to 4th June, and to everyone who worked so hard on the day to make it all happen! Thank you all very much indeed.

Most especially – thank you to everyone who came to support us on the day! (and to the Mum whose Son sweetly bagged her a wine rack as a surprise in the last minutes of the Bric-a-brac – his joy at finding such a gift for his Mum completely made the Bric-a-brac team's day!)

The Treasurer has confirmed the monies raised and 2023 as the most successful Fete for Herriard to date!

Evensong at St Mary's Church Herriard with Winslade

After our special Evensong for the Coronation it was unanimously agreed that we should continue with a monthly Evensong! We are delighted to invite you to join us on the first of our regular 6.00pm slots (5.00pm in the winter months) on **Sunday 2nd July** and going forward on the first Sunday evening of each month. There will be refreshments after the service. Adrian and Fiona

Churchwardens – St Mary's Church Herriard with Winslade

Brick Kiln Cottage Bluebell Wood Open Day 30th April 2023

Barbara and Kay thank everyone who came to Brick Kiln Cottage in the old Herriard Brick Works on 30th April for our Open Day in aid of the National Garden Scheme charities, which are Macmillan Cancer Support, Marie Curie, the Queens Nursing Institute, Parkinsons, Carers Trust, Horatios Garden, Maggies, the Army National Charity, Greenfingers charity, and UK Carers.

We raised £2,000 over the week from the 245 people who visited our garden. We were thrilled to raise this amount and would like to thank in particular Fiona, Julie and Howard who came and put up the gazebo; our friends at Herriard Gardening Club for a super selection of plants for sale and their kind donation; Fran and Jenny for making cakes; the Herriard Estate for allowing us to park at the rear of the cottage; and last but not least our friends and family who donate items and help on the day, and especially Sarah for looking after the textile display in the loft and to Judge Mark for his stalwart washing up in yellow marigolds!

Herriard with Winslade Pet Service



Sunday 16th July 9.00am

at

The Pavilion on the Village Green

Please do come and join us for this much loved service and please do bring your well behaved and non-dangerous pets for a blessing from Rev. Amber!

TUNWORTH NEWS

On Saturday 1st July at All Saints Church Tunworth there will be a prayer hour at 9.00am; we will pray for the whole parish; if you would like to join us in prayer or would like to ask for prayer, please contact Mark Ruffell. On Sunday 2nd July at 10:00am Mark Ruffell is being ordained at Winchester Cathedral and will be licensed as an Assistant Curate to the Benefice. On Thursday 6th July at 10.30am we have Coffee and Cake in the church porch. On Friday 21st July at 12.00noon the Herriard & Tunworth Lunch Group will meet at The Herriard Hub; please contact Fiona Ives, Amber Beresford or Mark for further details.

Gabrielle Knights has replaced Mark Ruffell and Edwina Spicer as Churchwarden. Her telephone number is 01256 356945. Enormous thanks to Mark and Edwina for their dedicated service over many years.

The Tunworth Home Group will meet on a Wednesday evening during July (date to be arranged); please contact Gabrielle for further details.

WESTON PATRICK NEWS

Weston Patrick will be holding a village BBQ on **Saturday 15th July** starting at **5.30pm** in the garden of **The Old Rectory**. Tickets are £20 each, £10 for under 12's and £5.00 for under 5's. If you would like to come along and join the fun please contact Felicity Longfield (01256 862538) or Lesley Don (01256 862464).

We have a regular coffee morning on the second Wednesday of each month at 11.00am in the village hall. All welcome.

Our church services are held on the second Sunday of the month at 10.00am, and on the fourth Sunday at 5.00pm with our amazing choir.



OTHER NEWS AND EVENTS

Basingstoke Choral Society, 1st July, All Saints Church Odiham

Basingstoke Choral Society invites you to a concert for a summer's evening on **Saturday 1st July at All Saints Church Odiham**. Doors open at 6:00pm for 7:00pm, featuring Leonard Bernstein's Chichester Psalms, John Rutter's Birthday Madrigals and George Shearing's Songs & Sonnets of Shakespeare, and Debussy's Clair de Lune.

Tickets from <u>www.basingstoke-choral.org</u> or at the door (subject to availability) £15 over 18s, £10 for ages 11-18 inclusive, free for accompanied children under 11.

News from Odiham Cottage Hospital

July marks the 25th anniversary of the cottage hospital's return to community ownership. Our evolution from 12 inpatient beds to now providing a wide range of health and social care services both at OCH and in the community, is one of which we are justifiably proud.

We are most excited to welcome Mustard Seed Autism Trust to OCH this month, in a newly refurbished therapy suite of rooms. MSAT are a local charity providing therapy and support to autistic children, their parents and siblings and further details of their services can be obtained from their website.

Meanwhile our Befriending volunteers continue to support local residents, isolated by virtue of a long-term medical condition. Volunteers are given full training and support, and make a real difference to those in need. If you are interested in finding out more about this service, please contact Una Tilt, Befriending manager, 01256 393609.

Other services at OCH include specialist nurse clinics, steady and strong classes, footcare clinic and a range of counselling services, most of which are offered free of charge by Hart Voluntary Action.

In the community we are supporting community nursing, via the local GP surgeries and St Michael's Hospice palliative care team. We also support a weekly Homestart group for young families and canine assisted learning therapy in local schools.

All of this work is made possible through the loyal support of the local community – particularly at our shops in Odiham, Hartley Wintney and Old Basing. If you would like to find out more about our services, please come to our **AGM on Tuesday 25th July** at the Baker Hall in Odiham. There will be a brief presentation by Mustard Seed Autism Trust and refreshments served. All are welcome.

Ginny East, Manager

01256 393600 ginnyeast@odihamcottagehospital.org.uk

North Warnborough & District Garden Club

We look forward to welcoming our Members to our July 2023 Meeting which will be held on **Thursday 27th July** at 2.30pm in the North Warnborough Village Hall. Our Guest Speaker will be Roger Butler, from the Hampshire Federation of Horticultural Societies, whose topical talk will be "Pelargoniums". Visitors are always welcome at our monthly meetings. For further information, please visit our website at: https://www.nwdgc.org.uk

u3a learn, laugh, live Odiham District

Time for something new?

We would like to take this opportunity to invite you to our **Open Day** (**Thursday 10th August at 2.00-4.00pm in the Elizabeth Hall, Hook**), to discover all the different activities that the u3a offers it members!

The Open Day gives all our groups, at the last count 57 covering lots of different areas, the opportunity to show what they get up to. Our groups, which are all run by members for members will each have their own space. In addition, it is a social gathering giving everybody a chance to meet up, share gossip, tea/coffee and cake.



If you are interested in exploring the possibilities that our vibrant community offers its members, you are most welcome to drop in and meet us and see if there is something to tempt you in our new year which begins in September.

Meanwhile, our groups are winding down for their summer break with the exception of our new enterprise, Social Croquet, which is unusual because it is a seasonal group. When the email went out to members asking if anyone was interested in 'Sunshine and Croquet', sixty said they would like to wield a mallet! Where to put them all? Odiham and Greywell Cricket Club came to the rescue. They marked three croquet courts along one side of their pitch (nowhere near the square!) and there are now weekly sessions up there, Tuesday morning and Wednesday afternoon. The sunshine has been lovely and with the bar open as well, the members have had great fun with the emphasis being on 'social' croquet not association level croquet! We say a big thank you to the Cricket Club for their community support.



If you would like to know more about us, please visit our website. <u>www.odihamu3a.org.uk</u>



National Garden Scheme – Hampshire

Firstly I would like to refer you to my March article regarding Horatio's Garden and RHS Chelsea Flower Show. The great news is that Horatio's Garden - designed by Charlotte Harris and Hugo Budd - received a Gold Medal AND Best Show Garden. The National Garden Scheme has been supporting Horatio's Garden since 2015 and have donated over £400,000 to-date to help the charity create and care for

beautiful, accessible gardens in all eleven NHS regional spinal injury centres. In spring 2019, the National Garden Scheme committed funding for the completion of all eleven gardens across the country and in 2022 donated a further £90,000. This garden will be moving to its permanent home in Sheffield's Princess Royal Spinal Injuries Centre. This support is only available from the NGS through the generosity of our volunteers, our garden owners and the general public who support us by visiting our gardens.

Opening close to Tadley is an interesting garden.

1 Povey's Cottage, Stoney Heath, Baughurst, Tadley, RG26 5SN.

Opening Saturday/Sunday 22nd/23rd July 1.00-5.00pm. Admission $\pounds 5.00$, children free. Card payment available. Home-made teas. Also open by arrangement for groups of 15+ - contact 01256 850633. A true country garden with something or everyone. Originally farm workers' cottages on part of the Duke of Wellington's estate. Consisting of

herbaceous borders, trees and shrubs, a small orchard, greenhouses, fruit cage, vegetable garden and a small wildflower meadow area. Beehives in one corner of the garden and chickens in another corner. A feature of the garden is an unusual natural swimming pond.

Please don't keep this to yourselves - share with your friends – let's make more people aware of the National Garden Scheme.

Best Wishes to All

Pat Beagley (Head of Publicity)

National Garden Scheme - Hampshire pat.beagley@ngs.org.uk

Top tips for a sustainable summer from the Hampshire and Isle of Wight Wildlife Trust

From barbecues to ball games, every outdoor summer activity can impact the environment in some way. Here are some easy ways from the Hampshire and Isle of Wight Wildlife Trust to help you, help nature this summer.

Using reusable or recyclable plates and cutlery

Everyone loves a good picnic or barbecue – little brings more joy than a delicious meal accompanied by the sounds and sights of nature. Disposable plates and cutlery are an attractive option compared to lugging your entire dinner set to your desired dining spot. However, these items are often designed for single usage, a fact which does not do the environment justice given the contribution of trees and fossil fuels to their manufacture. Instead, try using reusable, lightweight alternatives such as travel-friendly cutlery and bamboo plates. These last much longer than their disposable counterparts, meaning you save money **and** the environment!

Eco-friendly cooking

Whether big or small, barbecues are what make summer great. However, some outdoor cooking methods can release harmful pollutants into the fresh surrounding air and damage nearby wildlife. Charcoal, though seemingly a natural and sustainable fuel for barbecues, is often made from hardwood of tropical rainforests which are already vanishing at an alarming rate. The solution? British lumpwood charcoal from sustainable sources such as coppiced trees or managed forests.

Reduce your electricity consumption

Summer days are brighter, hence we can use less electricity for lighting. Not only will this reduce our reliance on unsustainable fossil fuels, you can also save a great deal on your energy bills! You can also save energy by opening windows to ventilate your house or workplace instead of blasting the air conditioners at full power. Window shutters or blinds also help block strong sunbeams from blazing through windows and intensifying the summer heat.

Ditch the car

With summer comes sunshine. This means that travelling between places offers the perfect opportunity to get some vitamin D and much-needed fresh air by walking or cycling. It's been proven that exercise and being outside can both boost physical and mental wellbeing. On top of that, walking and cycling are safer for wildlife and have a much less detrimental effect on the environment than cars.



Go green with eco-friendly and re-usable alternatives on your next summer picnic © John Hawkins - Surrey Hills Photography

There's a plethora of simple actions we can take to reduce our impact on the environment. While reducing waste production and saving energy are important throughout the year, our connection with nature through summer walks, seaside visits, or evenings lounging in the garden is particularly evident during summer, strengthening the motivation to do everything we can to protect the irreplaceable beauty of nature.

Helen Skelton Smith

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SMALL ADS – July

Hat tricks

Hats for all occasions to buy or rent. Open Tuesday, Wednesday and Friday from 10.00am till 3.00pm, Saturday 10.00am till 2.00pm 17 Market Street, Alton GU34 1HA, Tel 0781 6351477 One to one appts available evenings. Email ajmill@btinternet.com

Photography

Jed Thornley Photography: Weddings, families, portraits, pets, newborns, and all aspects.

Contact Jed 07981 222889.www.jedthornleyphotography.com Fb.me/jedthornleyphotography

HALLS FOR HIRE

Upton Grey Village Hall can be hired at a basic rate of £12 per hour. Tables and chairs are also available to hire. There are kitchen facilities, including china, cutlery & glasses, central heating, sound system, stage and disabled access. If you don't know the hall, we would be happy to show you round. To book, or if you have any questions, please contact Jane Hanbury 01256 862681 email: ajhanbury@btinternet.com.

The Herriard Village Hub, Herriard available for hire: wedding receptions, functions, parties, meetings, and events. Fully licensed bar, full kitchen facilities, garden, tables, chairs, sound system, disabled access, central heating, pool table and darts. To reserve, please see booking form found at www.herriardvillagehub.co.uk, or contact Tracy Crawford on 07769 220390 or bookings@herriardvillagehub.co.uk.

Disclaimer: Please note that the views expressed in this magazine are the contributors' personal opinions and do not necessarily represent the views of the editors.

DATES FOR YOUR DIARY – July 2023

NB: All Church Services are listed under CHURCH NEWS near the front of the magazine

JULY DATES

1st July	Sat	Basingstoke Choral Society, All Saint Church Odiha	am 7.00pm
2nd July	Sun	Mark Ruffell Ordination, Winchester Cathedral	10.00am
2nd July	Sun	New Evensong service, St Mary's Herriard	6.00pm
6th July	Thu	Coffee & Cake, All Saints Tunworth church porch	10.30am
6th July	Thu	Community Open Day, Long Sutton School	1.15pm
10th July	Mon	Coffee & Cake, Upton Grey Village Hall	11.00-1.00
12th July	Wed	Coffee morning, Weston Patrick Village Hall	11.00-12.30
15th July	Sat	Village BBQ, The Old Rectory, Weston Patrick	5.30pm
16th July	Sun	Pet Service, Village Green pavilion, Herriard	9.00am
16th July	Sun	Rose Service, Upton Grey Cemetery	10.00am
21st July	Fri	Herriard & Tunworth Lunch Group, Herriard Hub	12.00noon
24th July	Mon	Coffee & Cake, Upton Grey Village Hall	11.00-1.00

ADVANCE DATES

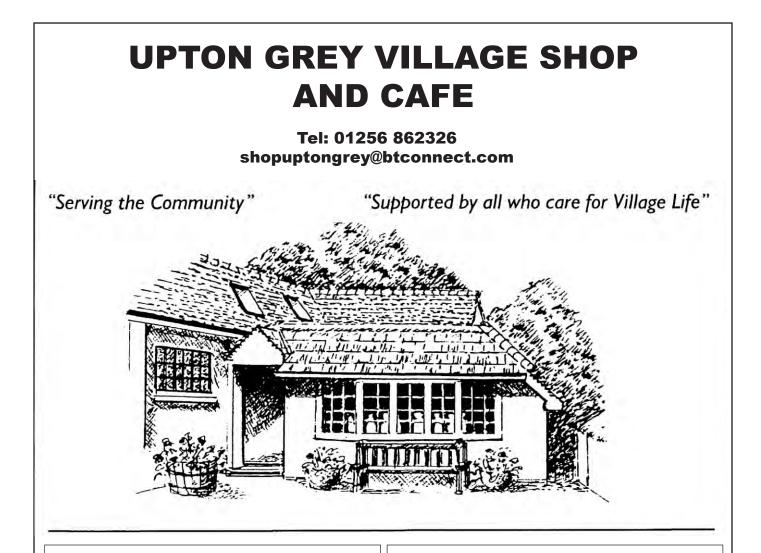
7-10Aug M	lon-Thu	Holiday Club, Upton Grey Church Meadow	1.00-4.00pm
7-11Aug M	lon-Fri	Junior Tennis Coaching Week, Upton Grey	9.00am
12th Aug	Sat	Upton Grey Summer Horticultural Show	
13th Aug	Sun	Comedy of Errors, Church Meadow, UG	4.00pm
7th Oct	Sat	Harvest Supper, Upton Grey Village Hall	
28th Oct	Sat	Upton Grey Autumn Festival	6.00pm

REGULAR EVENTS

Each Mon/Thu	Odiham book exchange, Bridewell, Odiham	2.00pm
Each Sat	Odiham book exchange, Bridewell, Odiham	10.00am
Each Mon	Prayer group, 4 Little Hoddington	10.00am
Each Tues	Prayer group, 4 Little Hoddington	5.00pm
Each Thu	Coffee, Tea & Cake Morning, Hub, Herriard	10.00am
Every 1st Thurs	Coffee & Cake, Tunworth church porch	10.30am
Every 2nd Wed	Coffee Morning, Weston Patrick Village Hall	11.00am
2nd & 4th Monday	Coffee Morning, Upton Grey Village Hall	11.00am

PARISH MAGAZINE COPY DEADLINE

Please note that the copy deadline for the August issue is the 15th July. Please send news and contributions to uptongrey magazine@gmail.com. Your editor for July was Nick Willmer. For August your editor is Sheila Stranks, with Nick Willmer (church).



WIDE RANGE OF GOODS

"Cook" luxury ready-meals Fresh Vegetables & Fruit Wines, spirits & beers Cold meats and Cheeses Groceries Newspapers

Café Area

Fresh Coffee, Teas, Chocolate Cakes & Toasted Sandwiches To eat in or take-away

IN-STORE BAKERY

Fresh Bread Croissants Danish Pastries Samosas

Shop Opening Hours

8 am - 6 pm Mon to Sat

8 am - 1 pm Sun