

PARISH MAGAZINE



St. Mary's, Herriard



All Saints, Turworth



St. Mary's, Upton Grey



St. Lawrence, Westcott Parvick

**July
2020**

USEFUL CONTACT DETAILS

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	Alan Hoar	01256 395077
Church Wardens		
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	Fiona Ives	07867 973266
Tunworth	Mark Ruffell	01256 346148
	Edwina Spicer	01256 471271
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Weston Patrick	Clare Davies	01256 862762
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County Councillor	Anna McNair Scott	01256 476422
Member of Parliament (Phone for your MP Surgery Appointments)	Ranil Jayawardena	0207 219 3000 ranil.jayawardena.mp@parliament.uk
Parish Chairmen		
Herriard	Gareth Davies	Chair@herriard-pc.gov.uk
Tunworth	David O'Donnell	07831 631455
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Weston Patrick/Corbett (Acting)	Sheila Stranks (Clerk)	07775 423730
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BENEFICE MAGAZINE – July 2020
Edition for the Parishes of Herriard with Winslade, Tunworth,
Upton Grey and Weston Patrick

Letter from the Clergy Team

Like you I'm sure, I've been involved in many conversations across our villages over the last few months of 'lockdown', where people have described how the big changes that have been taking place have made them feel. Some have reported feeling confused, anxious and uncertain about the future. These are indeed strange and changing times we're living through.



So, what is unchanging and constant in our lives today? I read an account recently of how Handley Moule, when he was Bishop of Durham, had the task of visiting the relatives of 170 miners who had been killed in a mining accident. While he was wondering what to say to them, he picked up a little bookmark his mother had given him. As he held it up, on the reverse side of the handwoven bookmark there was a tangled web. There was no rhyme, no reason, no pattern, nothing...but, on the other side, it said, 'God is love'.

The world – particularly at the moment – often seems to us like a tangled web. Sometimes we can't work out what's going on or why we're suffering in the way we are. But the claim of Jesus and the Scriptures is that behind it all is the love of God. Even though things may seem very difficult for us to understand now, God is working out his loving purposes in the world. God can weave a pattern from the threads of our lives – including the suffering, heartaches and even our mistakes, and out of it, make something beautiful. As a member of one of our local churches recently reflected in one of our weekly 'encouragement spots', the apostle Paul tells us that 'in *all things* God works for the good of those who love him, who have been called according to his purpose' (Romans 8:28).

Whenever I've felt unsettled by changes over the last few months, I've found it really helpful to take a moment of quiet, to remind myself of three things. Firstly, as Bishop Moule's bookmark reminded him, God is love, and he wants us to know him and to experience his unconditional love.

Secondly, that this love, God's love for us, is unchanging and eternal. In Psalm 136, the writer says, 'Give thanks to the Lord for he is good; his love endures forever.' We can be confident that even in the midst of so much change, God's love for us is constant. And thirdly, that in all the 'tangles' of our new normal, God is working for our good.

So let's take time in the midst of so much change, to pause and to reflect on these eternal truths, that God loves us more than we can imagine, that his love endures forever and is unchanging, and that he is working for our good. With best wishes, Chris. chris@moretolife.church
Reverend Chris Dudgeon, Curate, All Saints Church, Odiham.

CHURCH NEWS

Re-opening churches

The government and House of Bishops have given permission for churches to re-open for individual prayer only. It is expected that over time permission will be extended to allow a phased return to public worship, weddings, funerals and baptisms.

In the North Hampshire Downs churches, we have planned a phased approach to the re-opening of churches for private prayer. The requirements for distancing and infection control are, not surprisingly, demanding. Individual churches will let their congregations know of the new arrangements, and the arrangements for all twelve churches will be kept up to date on the website moretolife.church.

Re-opening will take time and effort but is excellent news. Meanwhile, **the streamed services** will continue - usually a '**Thought for the Day**' at 8.30 on **Weekdays: Tuesday, Wednesday and Thursday** mornings, then on **Sundays** there is a **Traditional Service at 10.00am** and a more **Informal one at 11.15**. Please click on the links to the YouTube channel on moretolife.church or search YouTube for North Hampshire Downs Churches.

Local Village Help and Support Contacts in this Crisis

Most of you are familiar with the support systems in your villages initiated at the beginning of lockdown. If not, check with the Church Wardens or Parish Council (numbers on the inside front cover). For other Local and Nationwide Help and Support, see Pages 3, 6, 7 and 23.

If you would like contact from a member of the Pastoral Care team, or if you know of someone else who might, then please contact Rev. Simon Butler on 01256 861706 or simon@moretolife.church or Jill Lestrille on 01256 862131 or jill.lestrille@hotmail.co.uk.

If you would like to pray with someone or ask the clergy team to pray for someone, please email: prayer-requests@moretolife.church. On Wednesdays, for the moment, between 4 and 5pm Rev Simon Butler will be in UG Church to pray with, and for, anyone who would like to. The Church of England has also set up Daily Hope, which offers music, prayers and reflections as well as full worship services from the Church of England at the end of a telephone line. The line, which is available 24 hours a day on 0800 804 8044, has been set up particularly with those unable to join online church services in mind.

Odiham Foodbank – Please Help in this Crisis!

Emergency food and support for local people in crisis. If you could do with help or if you can support us by donating food, please contact us. Odihamfoodbank@gmail.com 07387 116947. The new Foodbank is open Mondays and Thursdays 1.30-3pm at the Church Offices, Ostlers Place, Deer Park View, Odiham RG29 1JY

Donations welcome at the Foodbank at these times or at the Coop in Odiham High Street any time.



KidsZone

As I write, we, along with our young people, are celebrating a difficult anniversary – 80 days of lock down. By the time most of our young people will have been away from school for over a term. What probably started out for most of them as an excuse for some time off school and an extended Easter holiday, has become the new normal in their lives. Here are some photos of what lockdown has meant to them

Home schooling



Depending on who you speak to, this has been an amazing opportunity to reconnect with their kids, the hardest thing they've ever done in their lives or, most commonly a bit of both...

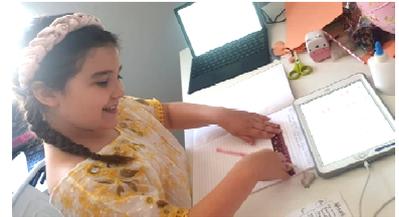
Charlie feels like the last 3 months have been **Maths, Maths, Maths!**

Brodie has enjoyed some **Kitchen Science** all about **diffusion** – how many of those skittles didn't make the experiment, Brodie?



Francesca has been working hard on her **shapes**.

Gabby... do you always **underline your titles** quite so carefully with a ruler?



It looks like **Freya and Oliver** are in training to be **Jedi knights** – but all joking aside, hats off to all the mums and dads who have cajoled, bribed and blackmailed their children into getting their work done – and greatest respect to the teachers who manage this day in, day out, in classes of 30 or more...



Lockdown looks



Not getting to the hairdressers for 3 months has meant different things to different people... For some it meant making a choice between...

Michael's Old English sheep dog look...



...and **'Laurence's Mummy's special' fringe**, care of the kitchen scissors...



For some it meant a bold new look – **Caroline** went for a **subtle new pink hair colour**... I hardly noticed, to be honest... while **Naomi** (pictured) cut her locks to donate to **Little Princess Trust**, which makes wigs for children who have lost their hair due to medical treatments. Well done, Naomi!



Kim wonders whether her **funky face mask** may be the new fashion statement of the summer!

Learning new skills



Once lockdown was lifted to allow travel, **Michael and Naomi** found an isolated beach and tried out the **new paddleboards**.

Efa was really excited that she was able to learn some **carpentry skills** from Dad – great bench!



On the other hand, **Lewis and Brody** learnt key **beer-pong techniques** from their Dad.

...And **Sienna**, your Dad would be super proud of how you made a **bug hotel** while he was away on deployment.



Making memories

The **Wright and Bromfield** brothers, like many other siblings, will have the memories of these precious weeks together for the rest of their lives...



Finally, **Emily** and many others, have made new friends via some of the online activities which go on each week.



Back at School

Not all our young people are still schooling from home, many have been back at school since half term, or even before. Since the extended opening of schools, I have been seconded into Long Sutton C of E School 3 days a week. I have been absolutely blown away by how much work has gone into making the schools welcoming and safe for our young people.

If you want to see more about school in lockdown, take a look at my video on the Long Sutton School Facebook page or YouTube channel, but here's a small insight into the first day back written by Bubble 2 (5-6 years old)!

'Today we went back to school. To start with we were scared, and we had butterflies in our tummies, but then our friends arrived, and we felt happy again'.

'Today was really epic! We made monster faces and butterflies out of sticks, leaves, stones and flowers and ran on the track. We did activities outside, including playing tennis, building a fort and filling water bottles of different sizes. Helen says we were doing Maths and Heartsmart, but we didn't notice!'



'We are missing our friends and family, who can't be here right now, but we know they will come back soon'.

Thank you to everyone who has been in touch during the lockdown, and I've especially loved spending time with you through our online activities. If you or someone you know would like to get involved in anything on offer, please do get in touch via **Helen Chatfield, Youth Pastor, Tel: 07540 140228 and youth@moretolife.church.**



NEWS FROM THE VILLAGES

Additional Help and Support from Local NHS Volunteer Responders

Local support is also offered by the NHS Volunteer Responders. If you, or someone you know, needs a hand with collecting shopping or prescriptions, or just wants someone to talk to, our NHS Volunteer Responders are here to help. Join the thousands of others throughout England who are already receiving support – even if it's just for a friendly chat. Call 0808 196 3646 or visit nhsvolunteerresponders.org.uk. Help is available if you have a medical condition which makes you vulnerable to COVID-19, especially if you are over 70. You also qualify if you are pregnant or have a disability. For other local Support see Page 2, for Foodbanks Page 3 or for some key Nationwide Help, see Page 7.

Some Additional County and Nationwide Support and Help Contacts

The following are some of the key nationwide support lines.

- **Samaritans:** This is confidential support for people experiencing feelings of distress or despair. Phone: 116 123 (free 24-hour helpline). Website: www.samaritans.org.uk

- **Citizens Advice:** for advice about money & benefits, call Helpline on 03444 111 444 Monday to Friday, 9am to 5pm. This a free call from Citizens Advice, however your service provider may charge.
- **Domestic abuse:** Hampshire Domestic Abuse 03300 165112
- Hampshire County Council is acting as the main co-ordination point for all district community hubs in the county with a hotline **The Coronavirus Hampshire Helpline** – Hantshelp4vulnerable – that can be contacted on 0333 370 4000. The helpline is available seven days a week, from 9am to 5pm.

Police Report from PC Andy Reid

‘Dear Residents, Thank you to those that took time to help and organise support and care for the more vulnerable within our areas; you did, and continue to do, an excellent job. To the Upton Grey Shop, a most vital amenity and during lock-down reduced considerably the need for travel movements whilst catering for most people’s needs, thank you and very well done to Suki and all the staff.

There are no further reports of non-dwelling burglaries. However, May 20th and 21st overnight near Herriard substantial damage was caused to a pheasant release pen along with other equipment. There has also been damage caused to Larsen traps at both Tunworth and Herriard. The Larsen trap is mainly a trap for magpies, although it also has been known to catch crows, jays and other corvids. It is one of the few traps where it is legal to use a live bird to catch others – not as ‘bait’, in the usual sense, but by using the natural instinct of these birds to guard their territory. It is a criminal offence to damage these traps, which are used to control corvid numbers. Due to the extent of the damage being caused, several local Estates use enhanced security measures to catch offenders. I am aware of a young white male wearing blue shorts with a distinctive hair cut being seen interfering with one of these traps in the area of damage, and I am making further enquiries, My direct number is on this report should he wish to call. This is a high cost criminal damage offence. In the same area overnight June 1st and 2nd, a gate was lifted off its hinges allowing cattle out, thankfully several local farmers managed to catch up with these after several days on the loose and return them back to their field, unfortunately they had become a bit feral, and were not far from the roads. The owner was at one stage considering his options as to how to deal with them, had they remained on the loose and become wilder, including possible destruction should they have become a danger to the public.

This was a reckless deliberate senseless act that could have had serious consequences both for the animals and the public.

As we move into the next phase of COVID19, please remain safe and follow the guidelines and if you have any information on any crimes, please give me a call direct in strictest confidence. Thank you once again for your continued support', Andrew REID, Local Constable, PC 3746, Tel: 01256 389050, Mob: 07768:776844, andrew.reid@hampshire.pnn.police

St Mary's Bentworth: School is Open – Not quite business as usual

St Mary's has been supporting its learners whether at home or in school. As we all focused on staying safe, it has not always been easy to stay motivated...but the St Mary's community has done just that with regular Zoom meetings and our Stay Safe awards. This is where children who had gone above and beyond could be nominated by their families e.g. one family whilst making Easter cards realised that not everyone can see family face to face or on video message. So, they made extra cards and donated some of their Easter treats to a local care home.

Another family wrote a poem to help us stay strong...

The Positive Poem

*Through the sky, we see a single plane
 Hopefully, there'll be no more rain
 It's beautiful seeing the great pale blue sky
 And seeing all of the birds fly
 It's definitely time for BBQ
 And summer is definitely due!
 Flowers and bushes scattered around
 Children playing - what a beautiful sound
 Doing exercise every day
 AND ALWAYS REMEMBER YOUR PMA
 (Positive Mental Attitude)*



A Big NHS Thankyou!

Whole classes got involved and Ash class wrote lovely letters to all the NHS staff at Alton Community Hospital - they were very touched.

2020 Rotary Writing Competition

Achievement has also come from outside of school, showing how creativity keeps going! We were delighted to be rewarded in the 2020 Rotary Writing Competition.

Every year the Rotary give us a title and ask the children to compose a piece of writing that fulfils the brief as they understand it. We take part with all the children from Medstead CE Primary School, Chawton CE Primary School and Four Marks CE Primary School. The results were:

- Commended: Libby Bridges, Beatrice Harris and Paloma Van Ingen (there were only 14 of these awards given out across all 4 schools so this is fantastic)
- Highly Commended: Elizabeth Harris (only 7 of these awarded across the area)
- Winner: Evie Alesbury– very well done! Evie has won across all schools and we have published the winning entry on our website.

Mrs Ayres (Head teacher) said ‘This represents a great deal of effort and hard work; I am so proud of everyone who entered. I am very pleased the pupils above have been recognised in such a way– Congratulations from the whole school community’. The whole school community has made real efforts to make sure that we are able to support, both the children working at home and those who are beginning to join us again. We have a fantastic team who have put the safety and well-being of the children first at every turn. We can’t wait for this to be business as usual but until then we are enjoying the St Mary’s site gradually filling up with the sounds of laughter and learning!

Lions Club – Help please with Computers

A Lions Club project is currently donating computers to children to assist with their home education, but we have problems with increasing demand. We need more desktops/laptops and associated keyboards /monitors/cables to be offered. Contact email: it@fleetlions.org.uk
www.fleetlions.org.uk/community/recycledcomputers.html

OMISSION FROM JUNE MAG

‘A thought about Bread’ was written by Jill Lestrille

UPTON GREY NEWS

www.uptongreychurch.co.uk

www.uptongreyparishcouncil.co.uk

St Mary's Church Upton Grey, Churchyard



The presentation of the churchyard is now very tidy and is a credit to the village. There are some 16 volunteers and if anyone is keen to do their bit, then please contact Peter Haynes tel: 01256-862433.

Mowing takes about 2 hours and is carried out in teams of 2. We have a selection of villagers that help, including many who moved to Upton Grey within the last 5 years.



The village volunteer group continue to work every 2 weeks. If anyone has any more photos of the Church and Churchyard at St Mary's Church, Upton Grey; we can include in the Mag in future. Thank you to all.



TEA@3

Dear Friends, we hope you are all well and managing to survive during this strange and difficult time. Let us hope it will not be too long before we can get together and have a really special celebratory tea! If you need any help or just want a chat, please give us a ring: Barbara 862627, Viv 862455 and Jill 862131

Upton Grey Harvest Supper: Saturday 26th September

The Upton Grey Harvest Supper this year is a little earlier than usual, on Saturday 26th September, so do please make a note in your diaries, we will be serving cottage pie and apple crumble as usual, as well as a raffle and pay bar. Entertainment to be confirmed!

Upton Grey Autumn Festival: Saturday 31st October

This is scheduled for 31st October and a decision on the go-ahead will be in August.

The Upton Grey Village Hall: Urgent Help Needed

Dear Villager, Will you help the UGVH stay open? The hall has been a lifeline for everyone in Upton Grey (and beyond), allowing our wonderful village shop to flourish in difficult days. In normal times, it allows the community to meet and thrive. Fewer people than ever before have joined the 100 Club - the hall's only regular income during lockdown. There have been flyers, emails, articles here in the parish magazine etc - but the response has not been good. If you're one of those who have joined the 100 Club, thank you enormously. If you haven't, please, please join. The hall will not survive without more funding. See below for how to help. The 100 Club simply works like this:

- As many people as possible purchase a number for £24 a year (i.e. £2 per monthly draw).
- Ideally people buy more than one number per household.
- Half the money goes towards the upkeep of the village hall; half towards cash prizes for participants.
- Each month a draw is held, and the first number selected wins £100.
- Depending on the number of members of the club, there are other prizes. The more who join, the greater the cash to be distributed.

To join, please make a bank transfer of £24/£48/£72/£96 (for 1/2/3/4 numbers) to Upton Grey Village Hall Committee (sort code: 090151; a/c No. 86355505). If you have access to email, please send a message to c@roline.biz and brianthrussell@compuserve.com, giving your name, address and postcode. The shop will also accept cheques (made payable to Upton Grey Village Hall Committee). We are planning to restart the 100 Club in August, and you should receive a number - or numbers – about then. We are delighted to answer questions anyone may have. Thank you so much for your support. Hugh Chevallier, Chair, Upton Grey Village Hall Committee. 01256 862636

Move to South Devon

We just wanted to say a huge thank you to all the village for being such a welcoming and happy place to live these last 14 years and for all the help, support, friendship and fun we have managed to have together in that time. We are not really saying goodbye for good as we will be back to hold the next RNLi concert sometime when we are able, and no doubt to visit friends in the village from time to time as well. We would be very happy to see anyone who is able to drop by and see us when in South Devon. Mobile phone and email are the same; hoping to see you down there at some time. Kind regards to all and thanks for a wonderful time here. Dave and Cas Peace.

HERRIARD AND WINSLADE NEWS

www.herriard-pc.gov.uk

<https://www.facebook.com/herriardexservicesclub>

Herriard Village group on <http://www.Facebook.com>

Fur and Feathers, Herriard. Scrummy Take-Away Service!

The Fur and Feathers are providing real ale, local lager and cider takeaways as a local service during lockdown.

Foodwise, Fran and Peter are offering scrummy takeaways on Tuesday, Thursday, Friday and Saturday nights. Always available for Vegetarians with Vegetables of the day is the BBQ Jackfruit Slice or Curried Cauliflower Pasty. Plus, Fran's Homemade Bakes are also available including Cookies, Cinnamon & Apple Strudel Cake, Lemon Meringue Pie or Chocolate Brownie.

Please call 01256 510510 to arrange a time slot. Time slots are from 5:30pm in 10-minute intervals. Please see the web site <https://www.thefurandfeathers.co.uk/takeaway-service>

Herriard Public Access Defibrillators

We are proud to announce that Herriard now has two brand new public access defibrillators:

- One next to the entrance of the Royal British Legion Hall and
- One opposite 3 Manor Farm Cottages – across the road from the Church, down Scratchface Lane and just behind the AVS offices.

If you ever have the misfortune of having to use them, you must always phone emergency services before opening. They have a note of the access code, make/model and will talk you through how to use it. However, the models are both the latest design and very intuitive and easy to use. Find out more about the defibrillators here: <https://www.ipad-aed.com/ipad-sp1/>

Herriard Parish Council would like to thank the following local organisations for their kind donations towards purchasing/installing both units:

- AVS Fencing at the Herriard Sawmill site
- RPS – based in offices at Manor Court
- Herriard Estates
- Herriard Ex Services Club
- Herriard & Lasham Royal British Legion
- Herriard & Lasham with Bentworth WI
- Audient – based at Aspect House by the Fur and Feathers
- Web Directions and Kevin Thrussell

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Herriard Farming

2020 has got off to a completely different start for many reasons but, as this is a farming section, I'll be writing about how 2020 has gone for us on the farm. We have come off the back of one of the wettest winters on record with the Autumn planted crops struggling to survive the deluge. We measured just over a meter of rainfall in between January 2019 and January 2020 which puts into perspective the amount of rain we've had. Our Autumn established crops have been varied with the majority looking promising and are coping well in the recent dry period, however we've had to re-plant 50 acres which didn't survive the wet winter. The Spring established crops are looking well despite the change in weather from extreme wet to extreme dry. We've been praying for rain, which seemed criminal after the winter. Recently we have had a welcome drop of rain, which will aid this crucial growth stage of the crops where the grain sites are forming and filling with grain. Despite the extreme dry weather this spring it has given us good ground conditions to spread digestate on the crops and feed it nicely with a sustainable source of fertiliser locally produced from Herriard's Bio Digester. This is located on the edge of the village, just behind the Herriard compost plant which sources food waste from Basingstoke and surrounding areas. This is fed into the digester along with Maize and Hybrid rye, that is grown in Herriard. The 'digestate' is the by-product of the process where electricity is produced from gas that turns a turbine. The digestate contains a good source of Nitrogen and Potassium along with amounts of Phosphorus and Magnesium and being a liquid product has helped to feed the crops in this dry period.

We have planned to start harvesting the Hybrid Rye early to mid-June, which is cut with a forage harvester, chopping up all of the plant and is stored in a silage clamp under plastic sheets to prevent the crop from rotting. Harvest will then start for us by mid-June (earlier than previous years) but the majority of our crops are harvested from the middle of July until middle of September, weather permitting. Early June, we also took a cut of grass off a few fields around the farm to make Haylage bales, we would have liked to do this at the end of May with the hotter weather we had, but we saw a resident Robin had set up her nest and had 3 chicks tucked up under one of the panels of the mower. So, we left her in peace and the following week to 10 days we waited patiently and as expected she and the 3 chicks had moved off in time for us to resume farming. If you are interested in what's going on the farm, we have a Facebook and Instagram page, if you follow @cheynefarming it shows pictures and more information. Will Cheyney

Running for Local Hampshire Hospitals - £860 Raised

Thank you so much for all your donations to my little lockdown charity fundraiser for the local NHS hospitals including Basingstoke and Alton. £860 was raised altogether (over 400% of my original target).

The idea was to run an average of 2.6 miles per day (changed from 2.5 miles to align with 2.6 Challenge) within the government guidelines, maintaining distancing and from my home without using a car. I managed to do 172 miles from March 24th lockdown time until Wednesday May 13th - the first easing of lockdown. Averaged 3.4 miles running per day against target of 2.6 miles! In fact, I stopped 2 days prior to the 13th on May 11th after fracturing my ankle falling over a shaded deep pothole on The Avenue. Had to go to A&E twice but also tested negative for Covid. All this is nothing compared with what some people have been through in this crisis sadly. If anyone still wants to donate to their Local NHS Hospitals, please go to the justgiving page below. Thanks again! Ian.
www.justgiving.com/fundraising/Jed-Ian-Lansley-Neale.



Herriard Recipe of the Month – Carrot and Walnut Cake

Food processor recipe, so super-quick

Ingredients:

- 2 eggs
- Half teaspoon ground cumin
- 125g castor sugar
- 125g butter, softened
- 250g plain flour
- 1 teaspoon bicarbonate of soda
- 250g carrots, finely grated
- 50g walnuts, chopped
- 50g ground almonds
- 125g raisins

Method

Pre-heat oven to 180degC, and line a 23cm diameter cake tin. Place the eggs, cumin, sugar and butter in the processor bowl and process until smooth. Add the flour and bicarb, and process to mix in. Add the remaining ingredients and process until well mixed. Transfer mixture into the cake tin and bake for 40 minutes (until a skewer inserted into the middle comes out clean). Cool on a wire-rack.

Herriard Gardening Club

As I am writing this, it's absolutely pouring with rain! Hurray! No need to water the allotment or gardens today! It's what I call proper rain, we haven't had any for a while and it will do so much good. As we are all still social distancing, we are still unable to meet up for our monthly meetings, but I think it's reasonable to have 2 or 3 of us at the allotment at the same time as long as we keep the 2m distance. Our Herriard Facebook page is a lovely way to share our news and pictures of our beautiful gardens, there have been some stunning ones!

Jobs for this month include:

1. Stake tall herbaceous to save them from breaking i.e. dahlias, hollyhocks and delphiniums.
2. Keep deadheading roses to keep them flowering.
3. Keep on top of the weeds, especially in the vegetable garden, your crops will be much better!
4. You can successfully sow carrots, lettuce and radishes to have fresh availability.
5. Protect your brassicas from pigeons and cabbage white butterfly, by erecting a net around them.
6. In greenhouse, feed and water your tomatoes and peppers regularly.
7. Feed your hanging baskets and containers with a liquid fertiliser, for beautiful displays.

Enjoy the lovely weather and long evenings in your garden. Gill Venning

Greening Herriard



Our planet is heating up, causing long term changes to our weather. Extreme weather is linked to Australia's fires, torrential rainfalls, flooding, record breaking temperatures, droughts, melting polar ice and rising sea levels. The rapid change in temperature is down to us (*Ed Ian: particularly the massive human population increase in the world - and the resultant consumption effects*), the burning of fossil fuels since the 19th century releases gases causing more of the sun's rays to be trapped and temperatures to increase. CO₂ is one of the worst of those gases and there is now 30% more of it in the atmosphere than there was in the 18th Century. Carbon absorbing forests are being cut down, releasing the carbon they stored, contributing to global warming. The world's average temperature is now 1.1C higher than in pre-industrial days. The 20 warmest years on record have all been in the last 22 years. A temperature rise of 2C has long been regarded as dangerous warming to the planet.

Can we stop it?

At the Paris Climate Convention in 2015, world leaders agreed to tackle the problem by trying to limit temperature rise to 1.5C above pre-industrial levels. This would stop the worst effects of global warming, but this target will require ‘rapid, far reaching and unprecedented changes in all aspects of society’.

What can we all do?

Herriard Parish Council has recently joined the Greening Campaign, a blueprint aimed for Parish Councils and Community Action Groups to tackle behaviour change, community sustainability and adaptation to a changing climate. The campaign is run in stages. Phase 1 is about engaging the whole community to make small changes to be greener, so that we can start to make a difference to the planet. Through small, simple actions at home we can play a role.

Introducing Greening Herriard

The first step in the campaign is to hold a Public Meeting, once lockdown is over. We will be aiming for this to take place in early September. Watch out for more details. People will get a chance to vote on simple actions that both save money and CO2. Then 8 of the challenges will be printed on a card and sent to every household.

Here are some of the challenges to start thinking about:

<i>Action (Annual Figures)</i>	<i>Average money saving/year</i>	<i>CO2 saving</i>
1. Turn off lights when leaving a room (non-LED)	£14	25
2. Replace all bulbs with LED	£35	65
3. Wash laundry at 30C	£8	15
4. Top up loft insulation to 270mm	£12	50
5. Boil only the amount of water needed	£6	12
6. Turn the thermostat down by 1C	£80	325
7. Insulate the hot water tank to 75mm depth	£80	430
8. Install a low flow showerhead (4 people)	£70	345
9. Halve your food waste by making a meal plan and using up leftovers	£252	312
10. Wash up using a bowl rather than letting water run	£25	130

For more information about the Greening Campaign visit: www.greening-campaign.org where you will find a video explaining how it started. For more information about ‘Greening Herriard’ contact: gill.hill@herriard-pc.gov.uk or call 01256 381448. If you have an interest in leading a greener more sustainable lifestyle and feel that you can contribute, please get in touch. (*Ed Ian: Also getting a FREE Smart Meter with Display from your Energy Provider will show exactly how much you are consuming - and therefore how much you are reducing*).

WESTON PATRICK NEWS

Weston Patrick and Weston Corbett Village: BBQ - Cancellation

Given the current situation and the need for social distancing to be maintained, the difficult but right decision has been taken to cancel our Summer BBQ on the 27th June. It is very much hoped that this will be a postponement to later in the year rather than the cancellation of a much-loved yearly event in our villages. When the situation allows, a village get-together will be arranged although we may find anoraks and winter woolies rather than summer clothes, are the dress code! Our thanks to Mr and Mrs R Longfield for once again being willing to host the BBQ at the Old Rectory. Regretfully we will be unable to accept that this time but look forward to convening there again when things permit. Sheila.

OTHER NEWS AND EVENTS

Cardiac Rehab Alton and Basingstoke



Thank you for your continued support for Cardiac rehab in these testing times. Our online Home Exercise programme is going

well, and we have started to roll-out live "Zoom" classes to targeted groups as well - thank goodness for technology! See <https://www.cardiac-rehab.co.uk/>

We are incredibly grateful to everyone who has made a donation to Cardiac Rehab over the past few months, either through the 2.6 Challenge (more below), grand draw tickets or in lieu of class fees. These gifts are sustaining the charity as we maintain a remote support service for our exercisers and enable us to plan for the future so that we are ready to reopen, as and when the restrictions are lifted. As always, if you would like to change the way you hear from us, please just email us. Stay safe and keep well, The Cardiac Rehab Team

Virtual Open Garden: Rotherfield Park

It has been in our diary for over a year and we feared that we would not be able to hold our event at Rotherfield Park. However, the wonders of technology mean that we can offer you a virtual tour of the stunning gardens at Rotherfield, all at the click of a mouse!



Clicking on this button on the website <https://www.cardiac-rehab.co.uk/> will take you to our film of the garden. We very much hope that you will enjoy this

glimpse into their garden, some of the history of Rotherfield, and gardening insights from Head Gardener Nick Sutton. Whilst not the same as being there, you are guaranteed a sunny day, interesting plants, stunning scenery and an audience with all the key people! As this is a fundraising event, we hope that you will enjoy the visit and feel able to donate to support Cardiac Rehab - details on the webpage.

Cardiac Rehab: The 2.6 Challenge

The start of May saw lots of activity around the 2.6 Challenge in aid of Cardiac Rehab. Rosie ran 2.6 miles, followed by 26 squats, for 26 days. Sheila walked 2.6 miles a day for 10 days. Paddy cycled, as did the Halls and The Kerchers ran 26 laps of the field.



The Cardiac Rehab Staff team took on the challenge and pledged to travel a least 1 mile per day for 26 days, which they plotted on a map of the UK. The initial target was to get to Edinburgh, but by the end they had covered over 1800 miles between them! You can read the full story via their blog. Thank you to everyone one who took part in their own way and donated to Cardiac Rehab - you have helped us to raise an amazing £7,744 which will help to ensure that we continue offering support to people even when the Centre is closed. See <https://www.cardiac-rehab.co.uk/>

5 Simple ways everyone can Save Water this summer

1. Learn to love your brown lawn

Leave the sprinkler in the shed this summer. Any brown grass will actually provide shade to the newer grass underneath, so it'll bounce back in no time.

2. Water plants after 9pm

The water is less likely to evaporate and will do the most good. You could also use the leftover water from cooking vegetables for extra nutrients.

3. Forget washing the car

Why not put down the bucket and sponge, put your feet up and embrace the dirt during this summer scorcher! Just remember to keep your lights, mirrors and number plate clear.

4. Take a shorter shower or a shallower bath

Just a minute less in the shower can save as much as £50 a year on your water bill.

5. Fix that dripping tap

Dripping taps are just money running down the drain (they waste around 17 litres in just 24 hours). Our leak busters are working around the clock too – if you spot a leak in the street please report it at southeastwater.co.uk/reportaleak.

North Hampshire Downs Mothers' Union



This summer will be very different for everyone. Instead of looking forward to a holiday, to travelling and exploring other

places or relaxing on the beach, I expect many of us will be staying at home!

The biggest project run by Mothers' Union in Winchester is their week-long “Away from It All” family holiday which is run in August for families who desperately need a chance to get away from their difficult circumstances. This project has been running since the 1960s, but unfortunately this year we have had to cancel it because of the threat of COVID-19 both to our team members and to the vulnerable families we want to support. We very much hope that we will be able to run the holiday in the summer of 2021.

For the AFIA holiday, our Mothers' Union team takes over the Lodge Hill residential centre in East Sussex for a week, and provides meals and activities for the families, all with a Christian ethos. They run crafts and games for the children to allow the adults to get some much-needed relaxation, and they also organise a trip to the seaside at Littlehampton.



There are many stories of how this holiday has changed people's lives for the better. It has helped to keep families together, and to help people fight their addictions. Back in 2005, Neil Obbard went on the



holiday reluctantly at the request of his wife while he was a soldier suffering from PTSD and drinking heavily. His experience of God's love on that holiday changed his life around completely, and he now works for the Church Army as the lead evangelist for a Missional Youth Church in a deprived area of Leeds. He has written a very

powerful book about his life (*One Shot, One Kill, One Mission*) and how that week-long holiday brought him back from the brink of suicide. He is now one of the team leaders for our AFIA Holiday and is joined on the team by two members of All Saints in Odiham, Claire Lymer and Phoebe Tunstell. If you want to find out more about Mothers' Union or our branch, please contact Sue Murphy on sue@the-murphys.me.uk or 01252 845011.

National Garden Scheme - Hampshire



I hope that you and yours have all managed to keep free of Covid-19. We have all seen our lives changed over these last couple of months. Maybe now we can gradually start to get back to some sort of normality. I am really pleased to let you know that the National Garden Scheme is once again opening its gates to visitors - albeit with some major changes. Based on Government Guidelines, any garden owner who feels able to open their

gardens can do so, but there are some Rules which must be adhered to.

Every Monday morning there will be a new batch of gardens, posted on the website - ngs.org.uk, which are open throughout the following week.

- Tickets must be purchased online (this is extremely easy to do)
- There will be timed slots of maybe 1hr, 1.5hrs or even 2 hrs.
- There will be a limited number of visitors per timed slot - depending on the size of the garden.

- After your allotted time, you must leave the garden and there will be a 15-minute change over period before the next visitors arrive.
- There will be no refreshments or facilities.
- Social Distancing should be adhered to.
- There may be plant sales, and payment would probably be in an honesty bucket.

Unfortunately, there will be no ‘Yellow Direction Signs’, in order to deter passers-by, so make sure you have the Post Code handy. I’m afraid this all seems a bit dictatorial, but in order to comply with the Guidelines, and the safety of our Garden Owners and Visitors, I’m afraid this is the only way forward at the present time. At least we get the chance to visit some beautiful gardens.

We also have Virtual Tours on the website. Some of our Garden Owners have made a short video of their gardens, which you can watch. I can highly recommend Old Camps, Thatcham. The owner, Adam Vetere, has taken us round his stunning garden. Adam is not only an Assistant County Organiser for Hampshire, but a Garden Designer. Well worth a watch. If you have enjoyed the Virtual Tour you are invited to make a donation to the NGS to “Help Us to Support Our Nurses.” As you can imagine our funds for 2020 will be well short of the £4 million, which we raised in 2019, so every little helps.

Another set of Virtual Garden Tours was released on 11th June, and there is one which I really must point out to you. Hambledon House: Hart’s Delight. This is the garden of Diana Hart-Dyke (Miranda’s mother). Such a down to earth person, who clearly loves her garden, which has opened for the NGS for many years. Just click on the link: <https://ngs.org.uk/hambledon-house-hampshire-harts-delight/> which will take you straight to the Virtual Tour. Keep Safe and Best Wishes, Pat Beagley (Publicity), National Garden Scheme – Hampshire, pat.beagley@ngs.org.uk

Congratulations to Basingstoke NeighbourCare for receiving the Queen’s Award for Voluntary Service.



The voluntary group, based in Basingstoke, have been honoured with the highest award a voluntary group can receive in the UK. Basingstoke NeighbourCare provide accompanied driving and befriending services for elderly people to reduce isolation, and support hundreds of elderly people with limited mobility and lonely people who value companionship.



The Queen's Award for Voluntary Service aims to recognise outstanding work by volunteer groups to benefit their local communities. Representatives of Basingstoke NeighbourCare will receive the award from Nigel Atkinson, Lord Lieutenant of Hampshire, later this summer. Two volunteers from the group will also attend a garden party at Buckingham Palace in May 2021.

Basingstoke NeighbourCare is a registered charity established 1997 to provide an accompanied transport service to those in genuine need in our community. We currently help over 500 people in the local community and are supported by a dedicated team of trustees, office staff, fund raisers and over 100 volunteers. We continue to seek new people who need our help; new volunteers to join us as drivers or befrienders; new sponsors who can offer either donations or help by providing services for the charity; and people interested in becoming trustees, to take an active role.

Currently we are not operating at full strength as demand is very much lower than normal due to non-availability of routine hospital and GP appointments. Most of our clients are over 70 and are asked to self-isolate. Many of our drivers are over 70 but we are currently matching demand with our driver capacity. Our Coordinators are now talking by phone with all our clients. NeighbourCare may be able to recruit many more volunteers when activities return to normal. See www.bvaction.org.uk/congratulations-to-basingstoke-neighbourcare/

News from Odiham Cottage Hospital

Although the hospital's doors closed to patients and clients in mid-March, behind the scenes, staff continue to provide services within COVID-19 guidelines, ensuring the vulnerable within our community remain supported throughout these very difficult times. Age Concern Hampshire staff have used OCH as a base to support their local day centre clients and the wider community through referrals from Hart DC and Adult Services.

They have been keeping in touch through wellbeing phone calls and carrying out shopping trips, pharmacy runs and other essential errands. More recently a "sitting service" has been launched to provide a few hours respite to those families whose loved one lives with dementia and this has proved very popular.

The OCH Befriending Service has continued to support their patients with telephone calls and follow up throughout the pandemic. Whilst face to face contact has necessarily been suspended, a



long-term relationship between befrienders and patients has been invaluable and a lifeline to those who are isolated. Out in the community, the link nurses Liz Good and Jackie Hordle based at Whitewater Health and all members of the local NHS Rural East Community Nursing Team and St Michael's Hospice Community Palliative Care Team, have worked with increasing demands on their limited resources. Although it is generally recognised that the surge in hospital admissions of patients suffering from COVID-19 was not as great as originally planned for, there remain a high number of patients at home who have needed extra nursing care, some as result of the coronavirus.

We do hope that you and your loved ones have been safe and well throughout the crisis, but if you feel we can help, please do contact me. We are working towards re-opening our shops in Odiham, Hartley Wintney and Old Basing in July, but trading hours may be reduced and there will be new arrangements for donations. Please call your local store to find out more and watch for further announcements. Ginny East, Manager. E: ginnyeast@odihamcottagehospital.org.uk T:01256 393600

Widening opposition to any Motorway Service Station at J6

356 objections are already lodged to this controversial planning application. And, if you have not commented there is still time to do so <https://planning.basingstoke.gov.uk/online-applications/> and search on 17/03487/FUL (for specific application) or Moto Service Area (for more general). This proposal could radically impact landscape and village life south of M3 J6.

Many objections are from Basing, Chineham, Norden, Eastrop and Grove Wards - residential areas along Ringway North – where there appear to be illegal levels of Air Pollution caused by traffic, that are likely to get worse, and many new objectors hadn't realised that the Moto Proposal was still being considered. Incremental noise could impact the rural area south. Historic England are also considering the impact of the applicant's site plan. According to objectors, the proposal apparently breaches the boundary established for the Grade 1 Listed Hackwood Park in 1998 - and the developers are being asked to redraw their new junction treatment, so it can be correctly placed on an Ordnance Survey Map – as required by law. David Shearer

The Upton Grey Village Hall Shop & the Post Office

When the Village Hall reverts to its proper function Suki believes he can maintain the sales momentum if he has some extra wall space. Something we all want to keep the shop profitable. Several ideas for extra space that we have investigated have fallen through, too difficult, or too expensive. Another idea we are looking at is withdrawing the Post Office service and clearing away the partition, opening-up that wall space for the Shop. We have not had a PO service at all during the crisis and before then coverage was, to say at the least, sporadic. Do we still want the Post Office service? What do you use it for? How frequently? If you have any views on this, please call Charles (862127) or Brian (862819). Suki will keep stamps and a few other items and in time will build it up. Charles Holroyd and Brian Thrussell.

SMALL ADS

Open as usual – Pick your own Fruit, Hartley Wintney

West Green Fruits, Hartley Wintney RG27 8LP, opens from mid-June to September for a wide selection of PYO & ready-picked summer fruits, vegetables, honey, jams and free-range eggs. Christmas trees from end November. Call 01252 845772 or visit www.westgreenfruits.com for further information. During open hours you can call 07954 730143 to place orders etc.

HALLS FOR HIRE

When Lockdown is lifted

Upton Grey Village Hall for hire from £8.50 per hour. Functions, meetings, parties, private and commercial. Full kitchen facilities, central heating and sound system, chairs, tables, crockery and cutlery available. Contact Elaine Lewington on 01256 862894.

The Royal British Legion Hall, Herriard available for hire: wedding receptions, functions, parties, meetings, and events. Fully licensed bar, full kitchen facilities, garden, tables and chairs, sound system, disabled access, central heating, pool table and darts. The new keyholder is Betty Ball on 01256 381487. Email is betball39@gmail.com and Herriardrblhall@gmail.com.

JOKE OF THE MONTH

Q: What is the biggest waste of money in 2020 so far? A: A 2020 Diary!

ADVANCE DATES FOR YOUR DIARY – From July 2020

Please note all events are still subject to cancellation following Government advice and restrictions on events and public meetings due to the outbreak of Coronavirus. Please check with the Organisers if attending a specific event.

3rd-7th Aug	Summer Junior Tennis Coaching, UG	
26th Sep Sat	UG Harvest Supper	
14th Oct Wed	Herriard Harvest Supper RBLH	7.00pm
31st Oct Sat	Upton Grey Autumn Festival (August decision)	
20th-21st Nov	UG Drama Group Production, UG Village Hall	7.30pm

TEMPORARY HOURS UPTON GREY VILLAGE SHOP

8.00am–4.00pm Mon–Sat

8.00am–1.00pm Sun

Post Office closed

POEM OF THE MONTH

*All the world's a stage,
And all the men and women merely players;
They have their exits and their entrances,
And one man in his time plays many parts,
His acts being seven ages.*

Extract from As You Like It by William Shakespeare

QUOTES OF THE MONTH

'Let me be that I am and seek not to alter me'

Extract from Much Ado About Nothing by William Shakespeare

'Nobody's Perfect'

Song by Madonna

Disclaimer: Please note that the views expressed in this magazine are the contributors' personal opinions and do not necessarily represent the views of the editors.

Deadline: The copy deadline is 15th July for the August issue.

Please email your news and contributions to uptongreymagazine@gmail.com.

August's editor is Sheila Stranks. Your editor this month was Ian.

UPTON GREY VILLAGE SHOP and POST OFFICE

Tel: 01256 862326 (Shop), 01256 861454 (Post Office)

shopuptongrey@btconnect.com

"Serving the Community"

"Supported by all who care for Village Life"



THE VILLAGE SHOP

OPENING TIMES

Monday - Friday: 7am - 7pm

Saturday: 7am - 6pm

Sunday: 8am - 1pm

RANGE OF GOODS

Special range of Cheeses
Fresh Bread & Vegetables daily
Fresh Meat & Fish to order
Range of Wine & Spirits
Home Cooked Food
and Delicatessen
Dry Cleaning & Shoe Repairs
Newspapers
Home Delivery Service

THE POST OFFICE

OPENING TIMES

The Post Office is closed
at present

Temporary Shop Opening
Hours during lockdown

8am – 4pm Mon to Sat

8 am – 1pm Sun