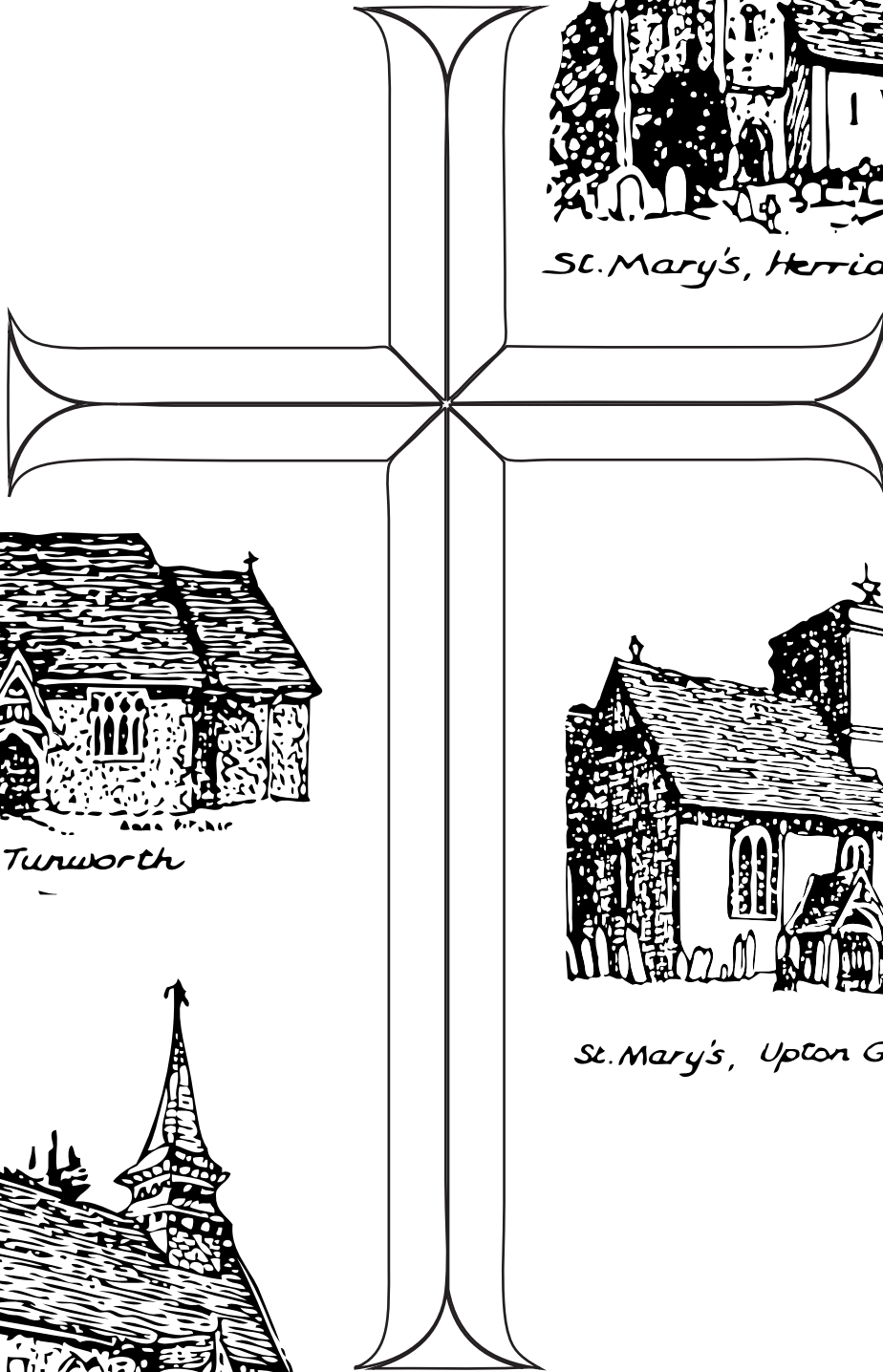


PARISH MAGAZINE



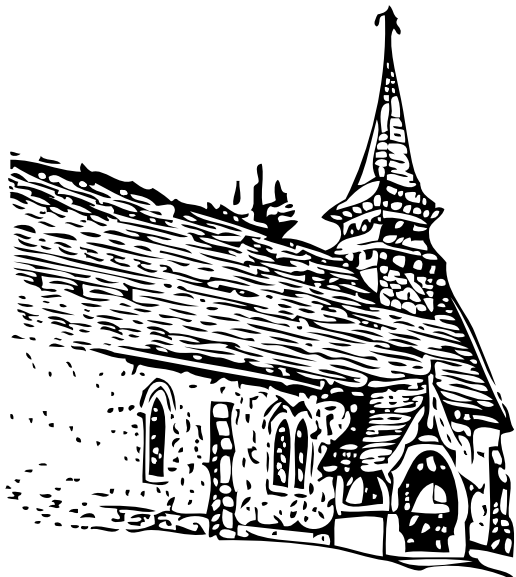
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St. Mary's, Upton Grey



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September
2018

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BENEFICE MAGAZINE – September 2018
Edition for the Parishes of Herriard with Winslade, Tunworth,
Upton Grey and Weston Patrick

Letter from the Benefice Ministry Team

I was in London recently for a series of meetings. On the short walk from Waterloo to my first appointment I walked past a number of homeless people, how many exactly I am not sure.

As I rushed to my meeting a line from T.S Eliot's poem Ash Wednesday came to mind: "Teach us to care and not to care". The line captures both a desire to change the world and the humbling realisation that we cannot help everyone and that the problems and injustices of the world are too great to be solved by any one person or movement or group.

Jesus seems to have expressed some of the same hopelessness when he said to his disciples "the poor will always be with you" (Matthew's Gospel 26:11), an acknowledgement perhaps that difficulty and suffering are inevitable in a broken world.

However to stop here is to miss something. Jesus words were a quotation from an earlier text, the book of Deuteronomy, the full text says: "for there will always be poor in the land. Therefore, I command you, you shall open wide your hand to your brother, to the needy and poor in your land" (Deuteronomy 15:11)

When read in its broader context we see the words are not an excuse for inaction or resignation to the way things are but rather a recognition that we will always have a job to do to care for the broken and hurting, the homeless and deprived. That being a drop in the ocean is not reason to not do what we can to relieve suffering when we are faced with it.

I might only have been able to buy 2 people a coffee and some lunch on my walk between meetings, but to do this, rather than being overwhelmed by the scale of the problem, is surely a better course of action.

If learning to care and not to care leaves us free to help in numerous small ways and to accept that however many times we help there will still be more who need it, and for every time we stop there will still be those we walk past, then we have at least still done something.

And in doing that something we will be bringing a little bit of heaven to earth.

Simon Butler, Rector of the Benefice

From the Registers

Baptism

Alayla Valerie Josie Lee-Buckland at St Mary's Herriard on 22nd July.

Wedding

William Ellery and Stephanie Ambrose at St Lawrence, Weston Patrick on 29th July.

CHURCH NEWS

Adult Choir

Practice times will be advised.

Herriard Thursday Service

The next 10.00am Thursday Holy Communion service in Herriard will be on 20th September. All are welcome to this informal, friendly and relaxed service, which is followed by refreshments.

Patronal Services on Sunday 9th September

We have our Patronal services at two of our churches in September - 9am at St Mary's Herriard and 10am at St Mary's Upton Grey.

Sunday 30th September – two services in the Benefice

On Sunday 30th September, we will be holding two benefice services and these will be the only services in our benefice on that Sunday and all are very welcome to come along. There will be: a 10.30am Benefice Holy Communion service at All Saints, Odiham and a 6.30pm Informal Gathering at Upton Grey at which Bishop David will preach.

New Service times and a new tea time service – September 2018

There are some changes to our service pattern in September: the Upton Grey services will start at 10am, while the services in Herriard on the 1st, 3rd and 4th Sundays will be at 9.45am. Weston Patrick will be hosting a monthly sung Evensong on the 4th Sunday. And we will have a new monthly tea-time service in Upton Grey on the 4th Sunday at 4.30pm.

1st Sunday		
9.00	Holy Communion 1662 (said)	Tunworth
9.45	Family Service (sung)	Herriard
10.00	Family Communion (sung)	Upton Grey
11.15	Holy Communion 1662 (said)	Weston Patrick
2nd Sunday		
9.00	Holy Communion 1662 (said)	Herriard
10.00	Parish Communion (sung)	Upton Grey
11.15	Parish Communion (sung)	Weston Patrick
17.00	[18.00 in summer] Evensong (sung)	Tunworth
3rd Sunday		
8.00	Holy Communion 1662 (said)	Upton Grey
9.00	Parish Communion (sung)	Tunworth
9.45	Matins (sung)	Herriard
10.00	Family Service (sung)	Upton Grey
4th Sunday		
9.00	Family Service (sung)	Tunworth
9.45	Family Communion (sung)	Herriard
10.00	4th Sunday service	Upton Grey
16.30	Tea-time service (sung)	Upton Grey
17.00	[18.00 in summer] Evensong (sung)	Weston Patrick
5th Sunday		
10.30	Benefice Holy Communion (sung)	Odiham
18.30	Benefice Worship Gathering (sung)	Check magazine for location



The 2nd Annual Upton Grey Soapbox Extravaganza – Saturday 1st September starting at 9.00am. Be early to catch all the fun!

Building on the success of last year's race, the Upton Grey Soap Box Extravaganza returns for 2018. Do come along and support the teams and you will be treated to a morning of high speed fun! Teas, coffees and cake available for spectators and soft drinks, beer and burgers available afterwards. For more info please email: UGsoapbox@gmail.com

Children's Ministry from September

See the Kid's Zone

A New Tea-Time Service

We're launching a new 'Messy Church' style tea-time service aimed particularly at families but open to all at St Mary's Upton Grey.

The service will run on the 4th Sunday of each month beginning in September. Dates for the Autumn term are:

Sun 23rd September, Sun 28th October, Sun 25th November

The service will start at 4.30pm with tea-time food provided, include lively music and all age teaching, and finish by 5.45.

Don't forget we have a website: www.uptongreychurch.co.uk. It carries the monthly Parish Magazine including service times and diary dates, plus details of local groups and organisations and other information relating to the four churches.



Kids' Zone

Upton Grey Junior Choir

Please note that we will advise the September service and practice arrangements shortly.

Sparks!

Our Sparks group for Children aged 3 and up will start up again in September. The group meets alongside the morning service at St Mary's Upton Grey on the second Sunday of the month. Dates for the Autumn term are:

Sun 9th September,

Sun 14th October,

Sun 11th November

Drop off at the Village Hall at 9:50am, collect from the church at 11:00am

👋 Messy Church and All Saints After School – You are Invited!

Stories – Food – Crafts – Fun

5th September - **All Saints After School Secret Cinema** - All Saints Church Odiham 3:30pm to 5:00pm.

28th September - **The Messy Banquet** – Upton Grey Village Hall 3:30pm to 5:00pm.

3rd October - **The Messy Sower** - All Saints After School - All Saints Church Odiham 3:30pm to 5:00pm.

1st November – **Light Party** - All Saints Church Odiham 3:30pm to 5:00pm.

7th November – **The Messy Pearl** - All Saints After School - All Saints Church Odiham 3:15pm to 5:00pm.

23rd November – **The Good Samaritan** - Upton Grey Village Hall
3:30pm to 5:00pm.

5th December – **Advent Activities** - All Saints After School - All Saints
Church Odiham 3:15pm to 4:15pm.

21st December – **United Parish Christmas Party** – Greywell Village Hall
2:00pm – 6:00pm.



NEWS FROM THE VILLAGES

Local Police Report

Dear Residents

We had a non-dwelling burglary in our area at 3am on the morning of July 18th, 2018, an alarm activated and the owners followed those involved resulting in four men from outside our area being arrested in Alton. Overnight on July 26th/27th a van parked at a farm in Upton Grey was damaged.

I have also had a complaint regarding air rifles being fired in gardens at birds, the law states that all wild birds are protected, feral pigeons are not, but can only be dispatched by authorised persons under conditions of The General Licence. Pheasants, partridges etc. are protected under the Game Act. I would ask that anyone who uses an air rifle in their back garden to please ensure that the pellets remain in your garden area and do not go beyond your boundary, to find out more of a General Licence and if you need one click on to <https://www.gov.uk/government/publications/wild-birds-licence-to-take-or-kill-to-prevent-damage-or-disease>

On August 20th, 2018, I received several calls from local residents reporting a man who I caught up with in Weston Patrick, offering teak furniture for sale from the back of his van. I explained to him the law in relation to Cold Calling and will be passing his details on to Hampshire Trading Standards. I would like to thank all those that called in as it is always good that I know who is visiting and even better when I can stop and speak to them and let them know that Police will be called if you ‘Cold Call’ in our area. This man should know better as I stopped him in Weston Patrick back in 2010 and interestingly enough he told me so and was right! Thank you again as some good intelligence was gained in the process.

Other things across my area include on July 26th £1,700 worth of straw destroyed when a straw rick was set on fire at Farleigh Wallop, several young men were seen running away from the area. I ask parents to please remind their children to keep away from the fields and farm yards even more so during dry weather. Arson is a very serious crime and if found, those responsible will be going to court.

On August 8th, 2018 at Red Lane, Ellisfield two men described as 'Eastern European' were seen in a large white van with a registration similar to J***JSM, it had previously been sign written with initials similar to MP &T, which was slightly visible on the sides. These men were involved in the theft of a Land Rover from a field where farmers were working on the harvest. I ask if anyone saw this vehicle in our area at that time, the theft was around mid-day and thankfully after quick thinking from the farmers, the Land Rover was recovered. Did you see this van which was also seen in Bradley and Herriard? This vehicle has also been linked to the theft of a red Land Rover from Tunworth Down between 11:15 and 11:25 pm on August 15th, 2018. Sadly, the Land Rover was used in a crime and has now been recovered. If anyone saw this vehicle /van on that night or has CCTV please have a check and if you can help please give me a call direct.

In early September, I am organising a Crime Prevention evening with Trading Standards in Mapledurwell village hall which will cover various aspects of home security along with scam information / advice. I will pass on more information nearer the time via the Neighbourhood Watch, alternatively for more information please give me a call direct.

Many thanks as always

Andrew REID, Local Constable PC 3746, Rural Beat Officer, Police Office, Preston Candover DD: 01256 389050, HQ:101 Mob: 07768:776844 andrew.reid@hampshire.pnn.police.

UPTON GREY NEWS
www.uptongreychurch.co.uk
www.uptongreyparishcouncil.co.uk

Murder Mystery Evening - Saturday 17th November.

Just to give everybody prior notice so you can put it in your diaries, the Upton Grey Drama Group are putting on a murder mystery evening at Upton Grey Village Hall on Saturday 17th November starting at 7.30pm. All are welcome and proceeds are going to Juvenile Diabetes Research Foundation for essential research into type 1 diabetes.

Upton Grey Village Hall 100 Club August Draw

First prize £100 No 124 Mrs. J Lestrille.

Second prize £24 No 25 Mr. J Wallinger

The draw is the village halls main fundraiser.

£24 p.a. subscription or £2 per month. Annual payment is preferred.

Kicks off in April but join in any time.

Please subscribe for this valuable community facility by contacting Brian Thrussell on 01256 862918 or Caroline James on 01256 862480

Upton Grey Bridge Club

We are looking for new members beginners or experienced. We have one prospective beginner but would like more. We are a small friendly club and meet twice a month in Autumn, Spring and Winter and it is all completely FREE. The next dates for playing bridge have been arranged at 7.30pm prompt (please) at the Stables room Hoddington Arms Public House:

Monday 10th and 24th September

Monday 8th and 22nd October

Monday 12th and 26th November

In December, we push the boat out and have a Christmas dinner at the Hoddington Arms, which this year will be on 3rd, and to date has always been well supported with better halves welcome.

If interested in joining, please contact Peter Haynes on 01256 862433



St Mary's Church
Upton Grey

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"From Bach to the Beatles"

Concert in aid of Brain Tumour Research and St Mary's, Upton Grey given by The Benslow Ensemble.

Sunday 14th October 7.30pm, St. Mary's Church, Upton Grey. Entry free. Spring Holiday for Strings is a residential course for quartet players held at Benslow Music Centre, Hitchin.

At the start of each day, the nine cellists on the course meet for a rehearsal led and coached by Sean Turpin of the Hammig String Quartet.

Sean provides a selection of pieces to play, that he has often arranged himself, for up to nine cello parts, ranging from Bach Chorales, through pieces by Purcell, Pergolesi, Telemann, and Vivaldi, to the Wiggle Woggle Rag and on to Let It Be from the Beatles. Hence our concert title, from Bach to the Beatles!

For the second year, the cellists have agreed to meet again in the Autumn for a workshop, and to perform a concert at the end of it. They are delighted that their request to come and play at St. Mary's Church has been accepted by the Rector and the Church Wardens.

Entry is free, but as befits the occasion, the concert will be in support of a charity, as well the church, of course. This year the charity, Brain Tumour Research, has been chosen.

The charity raises funds not only to support research at four research centres in the UK, but also to raise awareness of the number of people, especially under the age of 40, who are affected and how little money is, as yet, spent on research to find a cure.

We hope you will be able to support the concert.

HERRIARD AND WINSLADE NEWS

www.herriard-pc.gov.uk

<https://www.facebook.com/herriardexservicesclub>

Join 'Herriard Village' group on <http://www.Facebook.com>

Herriard and Lasham with Bentworth WI

Our Thursday 6th September meeting talk is entitled 'Lost lands between Finland and Russia' by Diana White.

Meetings take place at the RBL village hall in Herriard at 7.30pm on the first Thursday of the month and all ladies are welcome.

Brick Kiln Cottage Open Garden.

Now that the long, hot lazy days of summer are over I just wanted to thank everyone for their generous time and help with our open garden days – putting up and taking down gazebos, moving garden furniture, serving teas, washing up, helping maintain the woodland walk, putting up signs, parking cars, to name but a few.

This year we raised £1,250 from an afternoon and teas in the garden for Denman College the lovely facility owned by the W.I. We also raised a further £650 from visiting garden and art groups for the National Garden Schemes group of charities.

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We hope to open next year, again on a limited basis and once more thank friends and neighbours who help and especially those who give us their support by attending (difficult to know what to do with 23 cakes if no one turns up).

Barbara (Jeremiah) and Kay (Linnell)

TUNWORTH NEWS

Ride and Stride 2018

All Saints' Church at Tunworth will be open on Saturday 8th September 2018 from 10.00am to 6.00pm to welcome all those taking part in Ride & Stride 2018. Light refreshments will be available.

Food Bank

Tunworth Church supports the Basingstoke Food Bank, which is part of a national network of over 400 food banks providing emergency food to people in crisis nationwide. Please help local people in crisis by donating an item from the following list: Tinned Meat or Fish, Milk (UHT or powdered), Coffee, Sugar, Tinned Fruit or Vegetables, Fruit Juice (UHT), Pasta Sauces, Cereals, Tinned Rice Pudding or Custard, Spreads (Jam, Marmite, Bovril, Peanut Butter) Instant Mash Potato, Puddings (Tinned sponge, packet, jelly), Toiletries (Male & Female)

COLLECTION POINT: Tunworth Church Porch

The Ghosts of Rorke's Drift

An Illustrated Talk by Charles Aikenhead, Owner of the Rorke's Drift Hotel In aid of Tunworth Church.

Friday 21st September at Upton Grey Village Hall 7pm – 9pm.

Using first hand accounts of five of the "Ghosts" who defended Rorke's Drift, the drama of the battle between the British Army and the Zulus is brought to life. Just 100 riflemen withstood the attack of some 3000 Zulus for 12 hours, their contribution to history being recognised by the award of 11 Victoria Crosses. Tickets: £25 to include wine and canapés, from caroline.petre@btinternet.com. Please make cheques payable to Tunworth PCC

WESTON PATRICK AND WESTON CORBETT NEWS

There will be a Coffee Morning in the Weston Patrick Village Hall as usual on the 4th Thursday of the month. The September one is on the 28th September and will be in aid of the Macmillan event, The World's Biggest Coffee Morning to raise much needed funds for this excellent organisation that help so many cancer patients and their families. It starts at 10.30am and all are welcome. There will be a bring and buy stall and other attractions, so do come along and support this worthy cause.

AND OTHER IMPORTANT THINGS

The Friends of St Michael's Hospice Christmas Gift Fair Thursday 4th October 2018 9am-4pm

If you are already thinking towards cooler months, you may even have started thinking about Christmas and those important gifts that you need to buy. Even if you have not had a thought of Christmas, this is very important event and date for your diary. The venue is the Sandford Springs Golf Club, Kingsclere, RG26 5RT. Entrance is £5 and coffee and lunch will be available. Do take your friends and family along, as it's a great opportunity to start your Christmas preparations and at the same time support the excellent work of St. Michael's Hospice.

News from Long Sutton Church of England Primary School

August has been a quiet month at school! (Although not as quiet as you might think!) There has been some work going on to further improve the school environment, both inside and out. Our wooden retaining wall around the grass bank on the playground has been replaced, along with the raised bed at the entrance to the school; we look forward to planting this up at the start of the new term.

I am extremely grateful to a group of volunteers from the Benefice and RAF Odiham, who gave up their time on a sunny Saturday to redecorate our entrance hall. Rev. Simon Butler and Helen Chatfield (Youth Pastor for the Benefice) co-ordinated the team and it has given the entrance to the school a much-needed freshen-up. With school budgets becoming increasingly tight, redecoration plans often get put on hold, so I am delighted that we have been able to benefit from community support to get this done.

In September, we shall be welcoming our new cohort of Reception children; this is always a special time. We shall also welcome Rev. Helen O’Sullivan, the new Curate for the Benefice; Helen will be working closely with the school to further develop our pastoral care, as well as supporting our Collective Worship and RE curriculum.

The new term will be taking on a horticultural theme, with our first ever ‘Vegetable & Flower Show’, as well as our annual Harvest Festival in Long Sutton Church. As a ‘Trailblazer’ school, we shall be holding a ‘learning outdoors’ day on Friday 7th September. Trailblazers is a national initiative which encourages schools to accumulate hours of outdoor learning, across every curriculum area. The school have been a Trailblazer school for several years now and it is a feature of our school, which we are very passionate about.

If you have children of Primary School age and would like to find out more about us, I would love to show you around our ‘vibrant and exciting’ school (Ofsted March 2018). Our Open Mornings for children starting school in September 2019 will be held on Wednesday 10th October and Tuesday 30th October (both 9.15 – 10.30am); we are also holding an Open Evening on Thursday 11th October (7-8pm), for those parents who are unable to attend during the day, however I would encourage you to come to the morning events if you can, to see the school in action with real little people! The events will include a talk from myself, with contributions from other key members of the school community, followed by a tour of the school, led by some of our Year 6 children. If you would like to attend any of these events, please telephone the school office on 01256 862238 to book a place. If the planned dates are inconvenient for you, please telephone the office and we will be happy to arrange an alternative time for a visit.

Hannah Inglis (Headteacher)

Moto Services J6 Planning Application Update

The developers seem determined to drown the Council Officers assessing this application in a sea of paper – More than 20 new and revised documents and reports have been lodged in the last couple of weeks. The schemes promoters have also openly stated that *“If this application is turned down by Basingstoke; they will take it to appeal with the Planning Inspectorate”* – adding that they usually win these appeals.

All that those of us who would hate to see this unnecessary eyesore occupying valuable agricultural land in an unspoiled historic landscape

and messing up the traffic flows at the Black Dam Roundabout can do in the face of this extremely well funded onslaught is to use the considerable expertise of this community to question their figures and to record our objections. All the documentation for Application Reference 17/03487/FUL is available at:

<https://planning.basingstoke.gov.uk/online-applications/applicationDetails.do?activeTab=externalDocuments&keyVal=OXXAITCR0H600>

So, if you have an interest please check through the most recently uploaded documents on Lighting and Light Pollution, Wildlife and Heritage matters. If you want this service area to be built you can of course write to support it – but nobody has done so yet! Please email Lucy.Page@basingstoke.gov.uk with your concerns. And if you have a comment of any sort whether the consultation is closed or not please send it in It is important to employ the widest possible range of expertise in evaluating the worth of this proposed development to our community.

Lecture at Alton Abbey

This year's Alton Abbey lecture will be held on Friday 12th October 2018. This is our 16th Annual Lecture and will commemorate the end of WW1. It will be given by Dom Andrew OSB and Mrs Lynne Rapson, in the Abbey Church, and will be full of interesting information, and many pictures. It starts at 7.00pm and the lecture is followed by supper with wine in the Refectory. Tickets are £30 each and are available from: "Tickets", Friends of Alton Abbey, Alton Abbey, Beech, Alton, GU34 4AP. Cheques should be made payable to "Friends of Alton Abbey". Please include a SAE for your tickets, and a telephone number, or an email address, and any special dietary requirements. For more information telephone 01420 562126 or email: friendsofaltonabbey@gmail.com



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Please follow the link below for further information and to download a booking form: <http://www.cardiac-rehab.co.uk/training>

The Dummer Fair is back and better than ever! And this year it's all in aid of Treloar's!

The Dummer Fair has been a firm favourite in many diaries for nearly a quarter of a century, being one of the most successful charity fairs in Hampshire, and is again being held in aid of Treloar School and College. This year's Fair will be on Wednesday 10th and Thursday 11th October 2018 at Dummer Cricket Centre. The preview evening on the 10th will start slightly early than previously at 5:30pm and run until 9pm, and guests will receive complimentary wine upon arrival. The Fair will then be open from 9:30-3.30pm on the Thursday, with the café open for light lunches and coffees. There are 96 stalls confirmed, with 58 of them new to the Fair this year. The stalls range from crafts and food to clothing and gifts so there are sure to be plenty of items to tempt you as early Christmas gifts or just to treat yourself! A full list of all the confirmed stalls is available on our website (www.dummerfair.org.uk), and we are very proud to be supporting so many local and independent business at this year's Fair. Every purchase made at the Fair will go to directly helping Treloar's. Treloar's is a charity based in Alton for children and young people with complex physical disabilities aged between two to 25 years old from all across the UK. The School and College provide education, care, therapy and vital independence training to enable the students to have a brighter, more independent future. Entrance to the Fair is £10 per person on Wednesday (includes complimentary wine) and £8 per person on Thursday. Parking on site is free and plentiful. For more information about the Fair, location or stalls please visit www.dummerfair.org.uk. You can also follow us on Facebook ([/dummerfair](https://www.facebook.com/dummerfair)), Twitter ([@dummer_fair](https://twitter.com/dummer_fair)) and Instagram ([dummerfair](https://www.instagram.com/dummerfair)) for all the latest news and pictures. For more information please contact Claire Kercher 01420 547 446 or dummerfair@treloar.org.uk

North Warnborough & District Garden Club

Our next meeting will be held on Thursday 27th September in the North Warnborough Village Hall. Our speaker will be the very popular Marcus Dancer who, on this occasion, will be talking to us about “Climbers for Shade”.

The competitions will be:

1. A Display of Dahlias.
2. A Vase of Michaelmas Daisies.
3. Three Dessert Apples.

Visitors are very welcome to join us. We are a friendly Club whose members share an enthusiasm for gardens and gardening. During the growing season, we always have a plant stall starting at 2:10 PM.

For further information, please telephone 01252 843848.

Odiham Art Group Exhibition 27th-28th October, Robert May's School, West Street, Odiham 10am - 5pm.

All you ever wanted to know about back pain... an opinion.

Low back pain (LBP) is a huge source of suffering for many people and is frequently misunderstood and mismanaged. Here are some of the most up-to-date points on LBP and advice on the steps people can take to help themselves.

Don't panic. Almost everybody will experience LBP at some point. LBP is common but rarely serious and can have a recurrent pattern where it comes and goes. While some episodes of LBP can be severe and frightening, most people recover from the episode within 6 to 8 weeks.

Remain active and avoid prolonged rest. Prolonged rest was previously the recommended treatment for LBP; however, current evidence recognises that people with LBP who remain active, even when experiencing pain and discomfort, recover better in the long-term. The longer a person stays in bed because of LBP, the worse their pain, disability and ability to work can become.

It is important to find the balance between letting the LBP settle while still moving around. It is normal for posture and back movements to be significantly altered in the first few days of an episode of LBP. Remaining active and doing activities in a modified or altered way of movement can be good. As the pain settles, movement patterns get better.

Exercise helps to reduce pain and prevent future episodes...Exercise is the only current approach that can prevent recurrence of LBP by almost halving the risk of recurrence. Walking, running, cycling, swimming, yoga and Pilates all have similar effects for LBP and are equally safe.

Do not worry about what you see or read on MRI reports...Scan results for LBP can be poorly linked with pain. Research has shown that people who don't have LBP still have disc bulges, disc degeneration, disc protrusions and facet joint degeneration. These things are normal parts of the ageing process.

Don't be put off by medical jargon and opinions...Research has shown that discs, bones and joints in your back do not go "out of place" or "slip". The term "a slipped disc" is not only inaccurate, but can be harmful, suggesting the spine is vulnerable and that things can be displaced easily. The discs are firmly attached between the back bones (vertebrae) and cannot "slip" out of place.

Return to usual activities...It is common for people with LBP to be cautious about returning to their usual activities, however, there is very strong evidence that keeping active and returning to all usual activities and hobbies is important in aiding recovery.

Remember your back is a strong, stable structure and is designed for movement and to take load. Your back will adapt to different activities and become healthier and stronger. Pain is not a sign of damage so trust your back!

If you are struggling with an injury or persistent pain, physiotherapy can help to restore movement and function and facilitate recovery from injury. Combining movement, exercise and manual therapy, whilst educating and offering advice, physiotherapy takes a holistic approach to help people understand why they are in pain and helps people actively manage their recovery in a positive way.

Jenine Nugent, Square One Physio

SMALL ADS

ART CLASS for beginners and improvers - 10 week comprehensive art course, 2.5hrs per week, friendly and nurturing environment, we'll teach you how master the skills of an artist, materials are supplied for use in class. Give us a call for more details or contact us through Facebook. Basingstoke Art Class – 07419 741670

ENGLISH TUTOR available. If you have an 11-16 year old who is struggling with English or just needs an extra boost I would love to hear from you. I specialise in preparation for the English Language and English Literature GCSEs, but I can support any KS3 or KS4 student. If you are interested please call Emily Veall on 07722079448 or email emilyveall@yahoo.co.uk.

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PICK YOUR OWN. WEST GREEN FRUITS, West Green Road, Hartley Wintney RG27 8LP. Open June to September for a wide selection of PYO & Ready Picked Summer Fruits and Vegetables, Honey, Jams and Free Range Eggs; and Christmas Trees etc from end November. For information please call 01252 845772 or visit www.westgreenfruits.com

HALLS FOR HIRE

Upton Grey Village Hall for hire from £7.00 per hour. Functions, meetings, parties, private and commercial. Full kitchen facilities, central heating and sound system, chairs, tables, crockery and cutlery available. Contact Elaine Lewington on 01256 862894. (The Dixeys have retired.)

The Royal British Legion Hall, Herriard Available for hire: wedding receptions, functions, parties, meetings, and events. Fully licensed bar, full kitchen facilities, garden, tables and chairs, sound system, disabled access, central heating, pool table and darts. Key holder 01256 381403 or email hall bookings to herriardrbllhall@aol.com

Disclaimer: Please note that the views expressed in this magazine are the contributor's personal opinions and do not necessarily represent the views of the editors.

CHURCH SERVICES (please also see the weekday services under “Regular Events”)**2 September – The 14th Sunday after Trinity**

Holy Communion (1662 said)	9:00am	Tunworth
Family Service (sung)	9:45am	Herriard
Family Communion (sung)	10:00am	Upton Grey
Holy Communion (1662 said)	11:15am	Weston Patrick

9 September – The 15th Sunday after Trinity

Holy Communion Patronal (1662 sung)	9:00am	Herriard
Parish Communion Patronal (CW sung)	10:00am	Upton Grey
Parish Communion (CW sung)	11:15am	Weston Patrick
Evensong (sung)	6:00pm	Tunworth

16 September – The 16th Sunday after Trinity

Holy Communion (1662 said)	8:00am	Upton Grey
Parish Communion (CW sung)	9:00am	Tunworth
Matins (sung)	9:45am	Herriard
Family Service (sung)	10:00am	Upton Grey

23 September – The 17th Sunday after Trinity

Family Service (sung)	9:00am	Tunworth
Family Communion (sung)	9:45am	Herriard
4th Sunday service	10:00am	Upton Grey
Tea-time service (sung)	4:30pm	Upton Grey
Evensong (sung)	6:00pm	Weston Patrick

30 September – The 18th Sunday after Trinity

Benefice Holy Communion (sung)	10:30am	Odiham
Benefice Worship Gathering (sung)	6:30pm	Upton Grey

7 October – The 19th Sunday after Trinity

Holy Communion (1662 said)	9:00am	Tunworth
Family Service (sung)	9:45am	Herriard
Harvest Family Communion (sung)	10:00am	Upton Grey
Harvest Service (sung)	11:15am	Weston Patrick

14 October – The 20th Sunday after Trinity

Harvest Service (sung)	10:00am	Herriard
Parish Communion (CW sung)	10:00am	Upton Grey
Parish Communion (CW sung)	11:15am	Weston Patrick
Harvest Evensong Service (sung)	6:00pm	Tunworth

21 October – The 21st Sunday after Trinity

Holy Communion (1662 said)	8:00am	Upton Grey
Parish Communion (CW sung)	9:00am	Tunworth
Matins (sung)	9:45am	Herriard
Family Service (sung)	10:00am	Upton Grey

28 October – The last Sunday after Trinity

Family Service (sung)	9:00am	Tunworth
Family Communion (sung)	9:45am	Herriard
4th Sunday service	10:00am	Upton Grey
Benefice Light Service (sung)	4:30pm	Upton Grey
Evensong (sung)	5:00pm	Weston Patrick

DATES FOR YOUR DIARY – September 2018

This Month

1st Sep	Sat	UG Soapbox Extravaganza, Church St, Upton Grey	9.00am
21st Sep	Sat	Ghosts of Rorke's Drift Illustrated Talk, UG Village Hall	7.00-9.00pm
28th Sep	Fri	Messy Church, Upton Grey Village Hall	3.30pm
28th Sep	Fri	Macmillan Coffee Morning, Weston Patrick Village Hall	10.30am

Advance Dates

4th Oct	Thu	St Michael's Hospice Christmas Fair, Sandford Springs	9.00am-4.00pm
6th Oct	Sat	Upton Grey Harvest Supper, Upton Grey Village Hall	7.30pm
14th Oct	Sun	From Bach to the Beatles, St Mary's Church, Upton Grey	6.30pm
27th Oct	Sat	Upton Grey Autumn Festival	
27/28 Oct	Sat/Sun	Odiham Art Group Exhibition, Robert May's School	10.00am-5.00pm
17 th Nov	Sat	Murder Mystery Evening, Upton Grey Village Hall	7.30pm
23rd Nov	Fri	Messy Church, Upton Grey Village Hall	3.30pm

Regular Events

Each Mon		Prayer Group, 4 Little Hoddington	9.45am
Each Wed		Upton Grey Toddler Group	10.00am
Each Wed		Dementia Support plus Carers, Sunflower Café, Odiham	2.00pm
1st Thu		Herriard WI	7.30pm
1st Thu		Tunworth Coffee morning, Tunworth Church,	10.30pm
1st Sun		Junior Choir Practice, Upton Grey Church	9.15am
2nd Sun		Sparks Sunday Club, Village Hall, Upton Grey	9.35am
2nd & 4th Mon		Upton Grey Bridge Club at The Hodd	7.30pm
3rd Thu		Holy Communion, Herriard Church	10.00am
Last Thu		Herriard Village Supper at Fur and Feathers (check first)	7.30pm
4th Thu		Coffee Morning, Weston Patrick Village Hall	10.30am

Copy deadline: The deadline for articles and items is 15th September for the October issue. Email: uptongreymagazine@gmail.com.

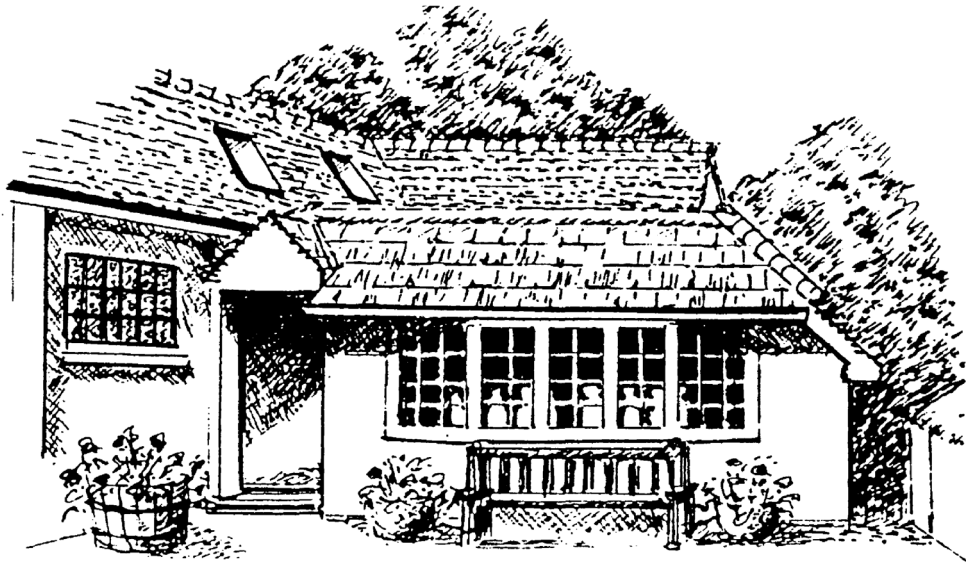
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